

## Frequently Asked Questions:

- How do you know if someone is suicidal?
  - There are many risk factors for suicide and not everyone exhibits the same signs. Common warning signs are listed here, but if you are concerned, call Crisis Intervention at **757-5025** to consult or talk directly about your concerns.

## Suicide risk Signs and Symptoms

- Ideation – threatened or communicated
- Plan – obtainable
- Substance Abuse – Excessive or increased
- Purposeless – No reason to live
- Anxiety – Agitation/Insomnia
- Trapped – Feeling there is no way out
- Hopelessness
- Withdrawing – from friends, family and society
- Anger – Rage, seeking revenge
- Recklessness – Risk taking, unthinking
- Mood changes – dramatic
- Researching methods
- Giving away belongings

- I am concerned for someone's safety and want to know how to get him or her help when they refuse help?
  - Chapter 51, the Mental Health Act allows for involuntary intervention when someone is mentally ill, developmentally disabled, or drug dependent and is at substantial probability of physical harm to themselves or others due to one of these three conditions. Chapter 51 sites 5 standards of dangerousness, which can be assessed in a combined effort between crisis intervention workers and law enforcement officers
- What help is available for someone who is incapacitated by Alcohol or drugs?
  - Chapter 51 also allows for involuntary intervention for detoxification, if he or she becomes incapacitated by alcohol, jeopardizing the safety of that individual or others and there is no responsible party to care for that individual.

*For more information on or a presentation about Crisis Intervention services, mental health, psychiatric disorders, suicidal assessments and prevention, or alcohol/drugs, please contact Melissa Meboe, Crisis Intervention Supervisor, at 757-5216.*

# ROCK COUNTY CRISIS INTERVENTION

**HFS 34 & 75.05 Certified**



**3530 N. Cty Trunk F  
P.O. Box 1649  
Janesville, WI 53547  
(608)-757-5025**

**TTY Phone: (608)-757-5226  
(for hearing impaired)**

**Rock County Crisis Intervention** provides help to people of all ages who are experiencing either a mental health and/or alcohol/drug related emergency. The Rock County Crisis Intervention Unit operates 24 hours a day, seven days a week with professionally trained, Crisis Intervention Workers and Psychiatric Technician staff. All crisis contacts are conducted in a confidential manner. Services can be accessed at any time by calling the Crisis line number at **757-5025**.

Crisis Intervention staff provide in-person support and assessments on a mobile basis 24 hours a day, seven days a week to the five emergency rooms in the county, the homeless population, to residences and other settings in the community. Crisis also responds to the Rock County Jail, the Youth Services Center, and the Crisis Stabilization facility to conduct assessments.

Walk in emergency mental health or alcohol or drug services are also available on a walk in basis 24 hours a day at the Rock County Health Care Center (Location listed on front). (Please note the building is locked between 5:00 pm and 8:00 am) Anyone seeking walk in services is encouraged to call in advance of your arrival. Visitors will need to ring the front door buzzer and ask to speak with a Crisis Intervention Worker.

The following are an array of services that the Rock County Crisis Intervention team offers:

- **Assessment of voluntary psychiatric and Detox admissions for those without insurance and financial resources.**
- **Assessment of individuals determined to be at imminent risk of harm to themselves or others who are NOT seeking voluntary services.**
- **Provides consultation to all law enforcement agencies within Rock County regarding subjects with mental health and/or alcohol/drug related concerns.**
- **A suicide hotline for persons who are experiencing suicidal ideation or for natural supports of individuals who are at risk of suicide.**
- **Provides after-hours coordination of care with the County's established outpatient mental health clientele.**
- **A crisis hotline for callers needing emotional support, information, or referral. Callers have the option to remain anonymous.**
- **Screens referrals to the county's two outpatient mental health clinics and Community Support Programs (CSP's).**
- **In-person support and assessments on a drop-in basis at the Rock Co. Health Care Center 24 hours a day every day.**
- **Screens admissions for our contracted short-term Crisis Stabilization facility, which is used for adults 18 and older who need a supportive and supervised environment, but not hospitalization. Services at this facility include 24-hour awake staff supervision, medication monitoring, psychiatric evaluations as needed, individual support, and group treatment. Admission is limited to open registered county outpatient mental health clients or selective individuals who have been placed on an emergency psychiatric detention.**
- **Provides after-hours coverage for the Salvation Army and ECHO, with their emergency food and lodging vouchers.**
- **Provides education to the community regarding suicide prevention and intervention.**
- **Educates community agencies about the Chapter 51 laws regarding psychiatric and Detox treatment, detention statutes, and the court commitment process.**
- **Provides crisis stabilization and case management services to Rock County mental health consumers who are transitioning from an inpatient or stabilization facility or from the jail back to the community until a warm transfer to long-term psychiatric community care is complete.**