URGENT MEMORANDUM

DATE: September 1, 2021

TO: Rock Haven Residents and Families

FROM: Natalie Rolling Edlebeck, Nursing Home Administrator

RE: Additional COVID19 case

Dear Rock Haven Residents and Families:

Rock Haven has identified another case of COVID19. This person is isolating away from others at this time. Per CMS guidelines, we will continue outbreak testing. Notification will be made if further cases are identified. We are currently following all Centers for Disease Control and Prevention (CDC) guidance, as well as guidance from the Centers of Medicare and Medicaid Services (CMS). This includes all staff members adhering to the “Criteria for Return to Work for Health Care Personnel with Confirmed or Suspected COVID-19” guidance issued by the CDC before returning to work. In addition, all residents who experience signs or symptoms of COVID-19 are immediately quarantined to their room pending a negative COVID-19 test and improvement in signs and symptoms.

We are continuing to follow the practices below to ensure the safety of residents and staff:

- Resident and staff testing will be conducted twice a week for at least 14 days from the last positive case.
- Prior to each shift, staff wash their hands, take their temperature, and answer a series of questions to ensure they are not exhibiting any known COVID-19 symptoms.
- Staff are required to participate in hand washing, personal protective equipment, and disinfecting audits.
- Hand Hygiene audits will be conducted on residents to ensure they, with the help of staff, are cleaning their hands appropriately.
- We conduct a rigorous sanitation regimen that follows, and in some cases exceeds, all state and federal guidelines. This includes increasing the daily volume of cleaning done in common, medical, and residential areas. All protective and medical equipment are thoroughly cleaned and disinfected according to manufacturer instructions.
- Lastly, all employees continue to wear procedure masks and eye protection for the entirety of their shift, residents are encouraged to wear a mask outside their room and are monitored every shift for new onset of respiratory symptoms.

Indoor visits are limited to compassion needs. We will continue to provide visitation utilizing our porches, windows, and our outer lawn. We will make every effort to see that visitations continue in a safe environment. Please be prepared to screen prior to any contact with our residents,
regardless of the visit type. If you are feeling ill or have a fever, please refrain from coming to the facility. We will again offer indoor visitation when we can assure the facility is free of further positive cases. Please be patient with us as we follow best practice to keep our residents safe.

We ask for your patience and understanding when you are in a vestibule and need our attention. Our nursing staff may need a few minutes to finish a documentation or phone call before serving you. Once they have acknowledged your presence, please allow them this time. Calling ahead to announce your visit and any special need (picking up laundry/items, dress your loved one appropriately for weather, etc) will be greatly appreciated.

We will continue to provide updates with as much information as we can on our efforts to combat COVID-19 and how we are best caring for our residents.

Please feel free to contact me with any questions or concerns.

Thank you,

Natalie Rolling Edlebeck

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