

Council on Aging Nutrition Advisory Council Minutes
Wednesday, May 15, 2013

Call to Order: Vice Chair Ronnie Thomas called the meeting to order at 10:00 a.m.

Approval of Agenda: Hjordis Olson, seconded by Janet Kopp, made a motion to approve the agenda. Motion carried.

Roll Call:

Present: Nancy Arnold, Terry Burrington, Nancy Flood, Janet Kopp, Sonja Heiser, Char Lezvow, Hjordis Olson, Daryl Porter, Mike Santucci, Peg Slaback, Diane Tester, Ronnie Thomas, Supervisor Terry Thomas

Excused: Marti Everts

Staff Present: Ranee Goodroad

Introduction of Visitors: Also present were Kim Whitford, Rodney Oksuita, Marcy Berner-Reedy, Tanya Kelly, Becky Suehring, and Judy Buechner.

Citizen Participation, Communications, and Announcements: Supervisor Terry Thomas announced that there are three candidates for the 2013 Hall of Honor. Marcy Berner-Reedy shared that Beloit Meals on Wheels had recently had their Annual Volunteer Recognition event.

Approval of April 17, 2013 Minutes: Diane Tester made a motion to approve the April 17, 2013 minutes as distributed, seconded by Janet Kopp. Motion passed.

Staff Report:

1. Dining Center Managers: The managers met on April 30, 2013 at Grinnell Hall, Beloit. The purpose of the each meeting is information sharing, problem solving, and training.
2. Internship: Tanya Kelly is completing her internship with the COA on May 15, 2013. She was thanked for her excellent work and dedication. Michelle Korotko, a social work student at UW Whitewater, will intern this summer.

Old Business:

1. Program Evaluations: A summary of the congregate dining and home delivered meals surveys was distributed. Those completing the surveys indicated that the dining center program does make a significant difference in helping seniors live independently and maintain their health.

The results also indicated that 61 of the respondents (69%) stated that the meal at the dining center fulfills between 50% - 100% of their daily food intake.

The home delivered meals survey indicated similar results. Of the 49 surveys returned, 34 indicated the meals helped them live independently, and 38 felt more secure knowing someone was checking on them.

2. Parking – Riverview: Parking options for diners was discussed. Beginning with the July menus, a note will be added indicating that parking near the front of the building is available upon request.

New Business:

1. SFMNP (Senior Farmers' Market Nutrition Program) 2013. The schedule was distributed along with a request for volunteers to work at the distribution sites. It was noted that the Footville Village Hall is a new site.

Reports:

Dining Center Visits: Reports of visits to dining centers were provided by Janet Kopp, Ronnie Thomas, Peg Slaback, and Daryl Porter.

Nutrition & Health Associates: Becky Suehring introduced Judy Buechner, RD, who will now be working as the COA consultant.

Best Events: Rodney Oksuita discussed the increasing costs involved in the meal production. He also noted that expansion of the service has increased their buying power which has resulted in some cost containment.

Adjournment: A motion was made by Janet Kopp to adjourn, seconded by Peg Slaback. Motion carried. Meeting adjourned at 11:06 a.m.

Minutes not official until approved by the Nutrition Advisory Council.