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NEWS RELEASE

To: Local Media
From: Marie-Noel Sandoval, MPH, Health Officer
Date: March 23rd, 2020

COVID-19 Daily Update

On Friday, March 20th, 2020, a third positive case of COVID-19 had been confirmed in Rock County. There is no known contact with a confirmed positive and no known travel to a location with established community spread, therefore it is likely it was community acquired.

Everyone, including people without symptoms, could be infectious. Younger people, and particularly those who are 18 to 30 years old, aren't immune to COVID-19. Anyone can contract COVID-19. So it's important for everyone, including young and healthy people, to practice social distancing. Together we can make a difference in the fight against COVID-19.

- Stay home whenever you can, and especially if you are sick.
 - Limit the number of times you go shopping, and do not buy more than you need. Many are not able to afford to "stock up". Please keep this in mind when shopping. If you take more than you need, others may not be able to buy what they need. Try going once a week, or less.
 - Avoid any unnecessary gatherings, even of one or two people. No sleepovers, no playdates, and no dinner parties with friends or neighbors.
 - Use virtual visits and telehealth options for doctor's visits, when possible. If you are experiencing symptoms, call your doctor first before going in.
- Cover your cough, and wash your hands frequently and thoroughly.
- If it is essential that you leave your home, please keep six feet between people and avoid direct physical contact.

We all need to work together to protect the capacity of the health care system to serve those who will suffer with the most severe disease from COVID-19. Do your part to help protect your loved ones and community members. #SaferAtHome

As of today, there are 416 confirmed positive cases of COVID-19 in the State of Wisconsin, with one case already recovered. There are three confirmed positive cases in Rock County. Statewide, five individuals have died due to complications related to COVID-19.

Please visit <https://www.co.rock.wi.us/publichealth-familycommunity/publichealth-communicabledisease/coronavirus-disease-2019> to view the Daily Rock County COVID-19 Update.

Stay At Home Order and “Flatten the Curve

Governor Evers announced that a Stay At Home Order will go into effect tomorrow, March 24th. Additional details on what that means for individuals will come tomorrow. This order aims to reduce the spread of COVID-19 and to “Flatten the Curve”. “Flatten the Curve” means to minimize the number of individuals with COVID-19 at any given time in Wisconsin. This is help ensure health care facilities have enough beds, resources, and supplies to treat anyone that may need medical care.

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