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NEWS RELEASE

To: Local Media
From: Marie-Noel Sandoval, MPH, Health Officer
Date: March 19th, 2020

COVID-19 Daily Update

As of today, there are 155 confirmed positive cases of COVID-19 in the State of Wisconsin, with one case already recovered. There are zero confirmed positive cases in Rock County. There have been 51 negative tests reported thus far. Please keep in mind that newly identified cases and the number of residents being tested are continually changing. Additionally, the number negative test results is not a representative measure of disease presence in our community. Negative test results do not necessary mean no disease; just as is true with other infections.

Please visit <https://www.co.rock.wi.us/publichealth-familycommunity/publichealth-communicabledisease/coronavirus-disease-2019> to view the Daily Rock County COVID-19 Update.

Mental Health and Well-Being

The mental health of all Rock County residents is just as important as their physical health. Especially during this COVID-19 pandemic, it is important that everyone takes care of their mental well-being, too. Wisconsin Department of Health Services has put together numerous resources to help manage stress and relieve anxiety, found at <https://www.cdc.gov/coronavirus/2019-ncov/prepare/managing-stress-anxiety.html> People may be feeling lonely and isolated, especially those particularly vulnerable to COVID-19. Social distancing does not have to mean a lack of social connectedness. Help loved ones and others by reaching out over the phone, social media, or written message. By sharing accurate information and facts about COVID-19 regularly, the Rock County Public Health Department aims to help everyone understand the current situation and reduce stress and uncertainty.

COVID-19 Testing Results

If residents have been tested for COVID-19 and are awaiting their results, they will be contacted by the provider who had ordered their test as soon as those results are available. It is important that their medical provider give results to their patients so they can best

advise them based on their individual circumstances and medical history. The Rock County Public Health Department does not provide individuals with their COVID-19 test results.

CDC-INFO

CDC-INFO is now open 24/7 for questions related to COVID-19. CDC-INFO offers live agents to answer your questions about COVID-19 or any other health topic, both by phone and email. For more information or to contact CDC-INFO, please visit

<https://www.cdc.gov/cdc-info/index.html>

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