

COUNCIL ON AGING ADVISORY BOARD AGENDA
Wednesday, February 17, 2016

Call to Order: The meeting was called to order by Chair Sonja Heiser at 9:00 a.m.

Approval of Agenda: A motion to approve the agenda was made by Chuck Wilson, seconded by Jean Boyle. Motion carried.

Roll Call:

Present: Jean Boyle, Jim Farrell, Sonja Heiser, JoAnn Koltyk, Char Lezvow,
Supervisor Norvain Pleasant, Suzanne Rasmussen, Jenny Schmidt, Cherie
Scholz-Baker, Peg Slaback, Pam Strom, Chuck Wilson

Excused: Nancy Arnold, Dawn Fossum

Unexcused: Aaron Thomas

Staff Present: Joyce Lubben, Lachel Fowler, Susan Powers, Molly Nolte

Introduction of New Member: Jenny Schmidt was introduced as a new member. Joyce Lubben reported that Amanda Reseburg is not able to fulfill her term on the board so Aaron Thomas has been appointed in her place.

Introduction of Visitors: Also present were Ellen Wiegand, Beloit Meals on Wheels and Rachel Jacob, Senior Services of Rock County.

Citizen Participation, Communications and Announcements: Jo Ann Koltyk stated she had a conversation with someone who believed she was not eligible for any Council on Aging programs as they are only for low income people. There was discussion on the need to change the perception of who can participate in programs for older adults.

Chuck Wilson reported he had a visit with Daryl Porter's wife who is getting along well.

Approval of January 20, 2016 Advisory Board Minutes: A motion was made by Char Lezvow, seconded by Supervisor Norvain Pleasant, to approve the January 20, 2016 minutes. Motion carried.

Staff Report:

Introduction of Rachel Jacob, Elder Benefit Specialist, Senior Services of Rock County: Rachel Jacob introduced herself as the Elder Benefit Specialist that works in Janesville, Johnstown and Edgerton. The Council on Aging partially supports the cost of Ms. Jacob's position which is housed at Senior Services of Rock County. It was suggested that the Elder Benefit Specialist be

one of the congregate sites' Lunch and Learn speakers. Char Levzow stated that the parish nurses would be a good group to speak to about benefits.

Updated Roster and Board Terms: An updated roster of Board members and list of Board terms was distributed.

Update in Integration Efforts: Joyce Lubben stated that one meeting has been held regarding Aging/ADRC integration. State officials were not present at the meeting. Topics centered on the necessary components of integration, identifying barriers and minimum/ideal standards. There will be two more meetings. There is no date for implementation.

Safe Driving Videos: Molly Nolte presented a video that will be shown at her AARP "Safe Driving" classes.

Health Promotion Workshops: Board members received a packet of information regarding the 2016 health promotion workshops. "Lighten Up!" workshops still need to be scheduled as well as the "Stand More" workshops. The Council on Aging is also partnering with the Community/Academic Aging Research Network (CAARN) on a "Keep On Stepping On" research project that is an extension of the Stepping On falls prevention program. This will be an interactive online program. Members expressed willingness to put together packets and distribute them throughout the community to further market the workshops. Joyce Lubben stated the Council on Aging has been approached about a "Sip and Swipe" program that provides one-on-one assistance to older adults to learn how to use their tablets. At this time, Ms. Lubben believes the staff is at capacity and will have to turn down this opportunity. The Grinnell Hall Senior Center will be offering the program.

Old Business:

Status of Family Care: Joyce Lubben stated that sometime after February 22nd the State will be announcing which Managed Care Organizations will be serving Rock County. At the present time the staff is re-screening those on the waiting list to ensure they are still eligible for services. The Alzheimer's Family Caregiver Support Program will be transferred to the Council on Aging. There was discussion on how this will impact Julie Seeman's workload. She likely will not be able to continue with health promotion activities.

New Business:

Review and Approval of 2013-2015 Aging Plan Assessment: Joyce Lubben reviewed the 2015 Aging Plan Assessment. A motion was made by Jean Boyle, seconded by Cherie Scholz-Baker, to approve the 2015 Aging Plan Assessment. Motion carried.

Reports:

County Board of Supervisors: No report. Supervisor Pleasant stated he had thought about why he hadn't been aware of the Grinnell Hall Senior Center and thought it was the perception it was a day center for homeless adults.

ADRC of Rock County: No report.

Long Term Support Committee: No report.

Items for Future Agendas:

Cancellation of March Meeting: The Council on Aging Advisory Board meeting will not meet in March. The Nutrition Project Advisory Board will meet in March. Chair Heiser suggested there be a conversation around changing the perception of programs for older adults.

Adjournment: A motion was made by Peg Slaback, seconded by Jean Boyle, to adjourn the meeting. Motion carried. Meeting adjourned at 11:20 a.m.

Minutes not official until approved by the Council on Aging Advisory Board.