



COUNCIL ON AGING NUTRITION ADVISORY BOARD AGENDA

Wednesday, July 17, 2019

10:00 a.m.

3328 US Highway 51 North, Janesville, WI

- A. Call to Order
- B. Approval of Agenda
- C. Roll Call
- D. Introduction of Visitors
- E. Approval of June 19, 2019 Nutrition Advisory Board Minutes
- F. Citizen Participation, Communications and Announcements
- G. Staff Report
 - 1. Menu Planning/Site Manager Meeting
 - 2. WAND Summer Training
 - 3. Happenings
- H. New Business
 - 1. Annual GWAAR Surveys
- I. Old Business
 - 1. Senior Farmers' Market Nutrition Program Voucher Distribution
- J. Reports
 - 1. Best Events
 - 2. Nutrition & Health Associates
 - 3. Dining Center Visits
 - 4. Home Delivered Meal Ride-Alongs
- K. Adjournment

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COUNCIL ON AGING NUTRITION ADVISORY BOARD MINUTES
Wednesday, June 19, 2019

Call to Order: The meeting of the Council on Aging Nutrition Advisory Board was called to order at 10:00 a.m. by Chuck Wilson at the Council on Aging office, 3328 US Highway 51 North, Janesville, Wisconsin.

Approval of Agenda: A motion was made by Supervisor Norvain Pleasant, seconded by Patricia Burhans, to approve the agenda, noting a date correction on item E (mention of Advisory Board Minutes date to be May 15, rather than April 17). Motion carried.

Roll Call:

Present: Robert Borremans, Jean Boyle, Patricia Burhans, Sherril Gilbertson, Vicky O'Donnell, Supervisor Norvain Pleasant, Mark Richardson, Cherie Scholz-Baker, Janet Smith, Pam Strom, Janice Turner and Chuck Wilson

Excused: Vicki Gobel

Unexcused: Suzanne Rasmussen, Johnny Owens

Staff Present: Linda Hardie

Introduction of Visitors: Terri Carlson, Risk Manager at Rock County Corporation Counsel, Rebecca Suehring, Nutrition & Health Associates; Rodney Oksuita Daniels, Best Events.

Approval of May 15, 2019 Nutrition Advisory Board Minutes: A motion was made by Jean Boyle, seconded by Supervisor Norvain Pleasant, to approve the May 15, 2019, Nutrition Advisory Board minutes. Motion carried.

Citizen Participation, Communications and Announcements: Chuck Wilson shared he is on the Board of Directors for the Beloit Salvation Army; Beloit and Janesville Salvation Army have now combined.

Staff Report:

WAND Conference: Linda Hardie noted that she attended the Wisconsin Association of Nutrition Directors Conference, which was held May 21 & 22, 2019, in Wausau. Attendance at the event was very beneficial. There were a variety of speakers as well as round table discussions which were very helpful.

Older Adults Committee Presentation: On May 23, Ms. Hardie presented to the Older Adults Committee, which met at the Rock County Job Center, speaking about senior dining sites, home delivered meals, and the Senior Farmers' Market Nutrition Program vouchers. There was good interest in the subject matter.

New Business:

2019 Aging Goal – Prescription Drug Take Back for home delivered meal recipients: Ms. Hardie shared that Carissa Pagel Smith, from La Crosse County, did a WAND Conference presentation on a very successful drug take-back which happened this spring. The presentation provided invaluable guidance for the Nutrition Program drug take-back goal this year. Ms. Smith also shared documents for reference.

Old Business:

Senior Farmers' Market Nutrition Program Vouchers (SFMNP): Linda Hardie indicated that the voucher distributions have been going smoothly, thanks to the excellent volunteers. There have been three voucher distributions thus far: Evansville, Milton, and Edgerton. Evansville doubled last year's numbers for a total of 18; Milton increased by 2 over last year for a total of 39; Edgerton was exactly the same as 2018, with 15 vouchers being distributed. There was inquiry as to how farmers find out about participating in the SFMNP. Kristin, from Nutrition & Health Associates, is the local contact in the area. She attends early spring Farmers Market meetings in both Beloit and Janesville, where she connects with the farmers/vendors and refers them to Judy Allen, from the State of Wisconsin. Also, vendors who have participated in prior years reach out to Judy. Farmers must submit forms and be approved before participating in the program.

Reports:

Best Events: Rodney Oksuita indicated that an acquaintance of his at Blackhawk Technical College knows of someone who would be well-suited to teach the cooking class geared toward widowers, should the board decide to put it back on the table. Also that menu planning is on the horizon.

Nutrition & Health Associates: Rebecca Suehring indicated that she is currently doing quarterly nutrition education/sanitation visits at the meal sites, along with Amy Karas. They have been talking about sodium at their visits. There is a menu planning meeting set for July 1, with Best Events, Nutrition & Health Associates, site managers, and Linda Hardie.

Dining Center Visits: Patricia Burhans did a site visit to Clinton, though she did not mention it at the meeting.

Home Delivered Meal Ride-Alongs: Patricia Burhans did a home delivered meal ride-along with Dee, in Janesville. She said it went great, noting that the additional instructions on the printed sheets, such as "knock loudly" or "use side door" are helpful to the drivers. Chuck noted that Beloit Meals on Wheels is requesting \$10,000 from Rock County to help offset increased costs of increased participation which has necessitated adding an additional route in Beloit.

Adjournment: A motion was made by Janice Turner, seconded by Pam Strom, to adjourn the meeting. Motion carried. Meeting adjourned at 10:50 a.m.

Minutes not official until approved by the Council on Aging Nutrition Advisory Board.