

Council on Aging Nutrition Advisory Council Minutes
Wednesday, March 17, 2010

Call to Order: Chair Robert Jensen called the meeting to order at 10:10 a.m.

Approval of Agenda: Janet Kopp, seconded by Laura Doll, made a motion to approve the agenda. Motion carried.

Roll Call:

Present: Phyllis Byrne, Laura Doll, Marti Everts, Nancy Flood, Robert Jensen, Polly Jones, Janet Kopp, Evelyn Propp, Shirley Sweet, Doris Thom, Supervisor Terry Thomas, Ellen Trewartha

Excused: Hjordis Olson, Joan Wilson

Staff Present: Joyce Lubben

Introduction of Visitors: Also present were Becky Suehring, Rodney Oksuita and Kim Whitford.

Citizen Participation, Communications and Announcements: Joyce Lubben distributed information from U.S. Mathematica, a nonpartisan research firm, regarding Hunger in America 2010.

Approval of February 17, 2010 Minutes: Laura Doll made a motion to approve the minutes for the February 17, 2010 meeting, seconded by Evelyn Propp. Motion carried.

Staff Report:

1. Site Manager Update: Joyce Lubben reported that the number of diners at Riverview is increasing. There are currently 26 diners each day compared to an average of 15 at the end of 2009.

Mike Glasgow, RD from GWAAR, instructed a Serving Safe Food course. Seven people completed the certification exam.

The site managers' meeting was held on March 9, with the topics being the spring/summer menu and communication.

2. Food Recall: A widespread food recall of hydrolyzed vegetable protein (HVP) products was issued. This is a flavor enhancer used in a wide variety of processed food products. A list of commonly used products with HVP was distributed.

Old Business:

1. Site Updates: Joyce Lubben reported that Ranee Goodroad has received a lot of positive feedback from home delivered meal drivers regarding the new electric carriers. They are much lighter and keep the food at a consistent temperature. Phyllis Byrne agreed that they are much easier to use. She is wondering about new units for the cold food this summer.

New Business:

1. Healthy Eating for Successful Living in Older Adults Workshop: Becky Suehring and Ranee Goodroad will hold a workshop starting June 17, 2010 at The Gathering Place.

Reports:

1. Dining Center Visits: Nancy Flood, Janet Kopp and Evelyn Propp reported on their visits to The Gathering Place and Olympian Village.
2. Rebecca Suehring, Nutrition & Health Associates: Ms. Suehring stated the Serving Safe Food training was very good and the managers are doing a good job. This month's topic is fruit and vegetable food safety.
3. Best Events: Kim Whitford brought a sample of the new lemon bar recipe, which everyone agreed were very good. Rodney Oksuita gave a demonstration of the hot food cambros and offered tours of the delivery vehicles.

Adjournment: A motion was made by Laura Doll to adjourn, seconded by Marti Everts. Meeting adjourned at 10:44 a.m.

Minutes not official until approved by the Nutrition Advisory Council.