

**Rock County Council on Aging Nutrition Advisory Council  
Wednesday, March 19, 2014**

**Call to Order:** The meeting of the Council on Aging Nutrition Advisory Council was called to order by Chair, Marti Everts at 10:40 a.m.

**Approval of Agenda:** A motion to approve the agenda was made by Daryl Porter, seconded by Mike Santucci. Motion carried.

**Roll Call:**

Present: Nancy Arnold, Charlie Daniel, Jessica Day, Marti Everts, Dawn Fossum, Sonja Heiser, JoAnn Koltyk, Char Levzow, Daryl Porter, Mike Santucci, Joe Scharenbroch, Peg Slaback, Pam Strom, Diane Tester and Supervisor Terry Thomas

Staff Present: Joyce Lubben, Ranee Goodroad

**Introduction of Visitors:** Becky Suehring, Kim Whitford and Rodney Oksuita were also in attendance.

**Citizen Participation, Communications, and Announcements:** Sonja Heiser stated she has received requests for pet food donations and mentioned how important pets are to older adults.

Daryl Porter announced the March 29<sup>th</sup> fundraiser for Beloit Meals on Wheels.

Joyce Lubben requested approval to e-mail the advisory board agendas and minutes. This was approved.

**Approval of Minutes – January 15, 2014:** A motion was made by Diane Tester, seconded by Supervisor Terry Thomas, to approve the January 15, 2014 minutes. Motion carried.

**Staff Report:**

Elder Abuse/Neglect Training with ADRC: Ranee Goodroad announced that Steve Hare will be presenting information on elder abuse/neglect on April 22, 2014 at the Council on Aging. Volunteers from both the congregate and home delivered meals programs are invited, as well as advisory board members.

Volunteer Appreciation Resolution: Ms. Goodroad stated that a resolution recognizing National Volunteer Week will be going to the County Board of Supervisors.

Edgewood Nursing Students Contract: Ms. Goodroad stated we now have a contract with the Edgewood School of Nursing for students to conduct home visits for the home delivered meal program. JoAnn Koltyk suggested contacting the nursing programs of Blackhawk Technical College and UW-Rock County to see if they may be interested in doing this.

Schedule for Process Improvement Project with GWAAR: Ranee Goodroad announced that Mike Glasgow from GWAAR will be at the April meeting to introduce the Process Improvement Project.

**Old Business:**

Distribution of Comment Cards: Ms. Goodroad distributed the new comment cards that are being used at the congregate dining sites.

**New Business:**

Congregate Grant Application: No report

Adjusted Actual Meal Cost for 2014: Joyce Lubben reported that the actual cost per meal has gone up from \$8.97 to \$13.67 per meal. This is mainly due to the decrease in number of congregate meals in 2013.

**Reports:**

Dining Center Visits: Reports on dining center visits were provided by Peg Slaback, Mike Santucci, Char Levzow, Daryl Porter, and Diane Tester.

Nutrition and Health Associates: Becky Suehring shared nutritional education activities that she will be presenting at upcoming visits to dining centers. Also discussed plans for future articles in the *Senior Review* include *Ask a Dietitian* column.

Best Events: Kim Whitford stated that the spring/summer menu cycle will begin April 1 and includes several new menu items.

**Adjournment:** A motion was made by Diane Tester, seconded by Mike Santucci. Motion carried. Meeting adjourned at 11:40 a.m.

*Minutes not official until approved by the Council on Aging Nutrition Advisory Board*