

Rock County Council on Aging Nutrition Advisory Council Minutes January 15, 2014

Call to Order: Chair Marti Everts called the meeting to order at 10:00 a.m.

Approval of Agenda: Diane Tester made a motion to approve the agenda, seconded by Supervisory Terry Thomas. Motion carried.

Roll Call:

Present: Nancy Arnold, Marti Everts, Dawn Fossum, Char Levzow, Daryl Porter, Mike Santucci, Peg Slaback, Pam Strom, Diane Tester, Supervisor Terry Thomas.

Excused: Sonja Heiser

Unexcused: Jessica Day

Staff Present: Joyce Lubben, Ranee Goodroad

Introduction of Visitors: Also present were Becky Suehring, Nutrition & Health Associates; Rodney Oksuita and Kim Whitford, Best Events

Citizen Participation, Communications, and Announcements: Ranee Goodroad stated how much she appreciated the work Ronnie Thomas did for the Council on Aging's Nutrition Program.

Approval of Minutes: A motion was made by Peg Slaback, seconded by Nancy Arnold to approve the minutes of the December 18, 2013 meeting. Motion carried.

Staff Report:

Training for Home Delivered Meal Assessment Visits: Ms. Goodroad shared some of the materials that are used when doing HDM assessment visits.

Home Delivered Meal Safety Checks: Ranee Goodroad stated she has contacted RSVP to possibly do "safety check" phone calls on days when meal delivery is cancelled due to weather.

Old Business:

Revised Dining Center Evaluation Forms: Ranee Goodroad distributed the new forms to be used by advisory council members when visiting dining centers.

Dining Center Comment Card: Ms. Goodroad requested input from members regarding a comment card that could be used at the dining centers as a method of receiving feedback.

Mike Santucci suggested that members emphasize these cards to dining center participants when making visits.

New Business:

Shelf Stable Meals: Rane Goodroad passed around a shelf stable meal box to show what HDM participants are getting in the event we are not able to deliver a hot meal. To date, meals have been cancelled three times during this winter season.

Reports:

1. Dining Center Visits: Reports were received from Diane Tester, Daryl Porter and Mike Santucci.
2. Nutrition & Health Associates: Becky Suehring reported she and Kim Whitford are working on the spring/summer menu. She attended the dining center managers' meeting. The current topic at dining centers is mealtime make-overs. She is also developing an "Ask the Dietician" column in the Senior Review.
3. Best Events: Rodney Oksuita stated they have been able to safely get food out to the dining centers during the bad winter weather.

Adjournment: Diane Tester, seconded by Mike Santucci, made a motion to Adjourn. Motion carried.

Minutes not official until approved by the Nutrition Advisory Council