

**Council on Aging Nutrition Advisory Council Minutes
Wednesday, July 15, 2009**

Call to Order: Chair Robert Jensen called the meeting to order at 10:15 a.m.

Approval of Agenda: Joanne Woodman, seconded by Joan Wilson, made a motion to approve the agenda. Motion carried.

Roll Call:

Present: Cecilia Blackwell, Laura Doll, Robert Jensen, Polly Jones, Janet Kopp, Evelyn Propp, Jeannie Randles, Supervisor Terry Thomas, Ellen Trewartha, Joan Wilson, Joanne Woodman

Excused: Phyllis Byrne, Nancy Flood, Hjordis Olson, Shirley Sweet

Staff Present: Joyce Lubben, Ranee Goodroad

Introduction of Visitors: Also present were Becky Suehring, Nutrition & Health Associates; Dale Vogel, Hoffman House, and Aubri Moore, Student Intern.

Citizen Participation, Communications and Announcements: Ranee Goodroad distributed the second quarter nutrition statistics.

Approval of June 17, 2009 Minutes: Supervisor Terry Thomas made a motion to approve the minutes for the June 17, 2009 meeting, seconded by Cecilia Blackwell. Motion carried.

Staff Report:

1. Healthy Eating for Successful Living: Ranee Goodroad distributed a flyer for the Healthy Eating for Successful Living in Older Adults workshop that will be held from August 3 – September 14, 2009 at Riverview Heights Apartments.
2. Nutrition Assessment Visits Training: Ranee Goodroad stated that training for advisory council members assisting with assessment visits will be held on July 29, 2009 at 3:00 at the Council on Aging office.
3. Update on Internship: Ms. Moore stated she has been meeting with social workers from several area agencies. She has also been assisting with the distribution of Senior Farmers' market Vouchers and completing home assessments.

Old Business:

2009 Senior Farmers' Market Voucher Distribution: Todate, 403 of the 499 Senior Farmers' Market Vouchers have been distributed. Several more "on-site" distributions have been set up in the next few weeks.

New Business:

Stimulus (ARRA) Funding: Ranee Goodroad announced that Rock County has received \$26,105 for the congregate program and \$13,672 for the home delivered meal program. However, it is anticipated that more funding cuts will be coming.

Reports:

1. Dining Center Visits: Robert Jensen, Phyllis Byrne, and Shirley Sweet submitted written reports on their visits to the Clinton, Faith Lutheran, and Grinnell Hall sites. Polly Jones stated she ate at the Milton site and everyone enjoyed the fiesta pasta bake.
2. Rebecca Suehring, Nutrition & Health Associates: Ms. Suehring stated she and Ms. Goodroad will be conducting training for dining center managers and volunteers on hand washing and cleanliness. She will explain her checklist that is used when observing workers at the sites. She is promoting the Healthy Eating workshop and reviewing comments from managers on the menu cycles.
3. Dale Vogel, Hoffman House Catering: Dale Vogel stated he is working on the fall/winter menu. The Grinnell Hall picnic will be held on July 30, 2009 at Telfer Park. The Hoffman House catering manager is off on maternity leave; two other staff members are replacing her until her return to work.

Adjournment: A motion was made by Janet Kopp to adjourn, seconded by Cecilia Blackwell. Meeting adjourned at 10:45 a.m.

Minutes not official until approved by the Nutrition Advisory Council.