

Council on Aging Nutrition Advisory Council Minutes
Wednesday, August 19, 2009

Call to Order: Chair Robert Jensen called the meeting to order at 10:12 a.m.

Approval of Agenda: Supervisor Terry Thomas, seconded by Laura Doll, made a motion to approve the agenda. Motion carried.

Roll Call:

Present: Phyllis Byrne, Laura Doll, Nancy Flood, Robert Jensen, Polly Jones, Janet Kopp, Hjordis Olson, Evelyn Propp, Shirley Sweet, Supervisor Terry Thomas, Ellen Trewartha, Joan Wilson, Joanne Woodman

Excused: Cecilia Blackwell, Jeannie Randles

Staff Present: Joyce Lubben, Ranee Goodroad

Introduction of Visitors: Also present were Becky Suehring, Nutrition & Health Associates and Dale Vogel, Hoffman House.

Citizen Participation, Communications and Announcements: Ranee Goodroad stated that the Volunteer Appreciation event is scheduled for Friday, October 2, 2009 from 2:00 – 4:00 p.m. at the Rotary Gardens.

Approval of July 15, 2009 Minutes: Laura Doll made a motion to approve the minutes for the July 15, 2009 meeting, seconded by Ellen Trewartha. Motion carried.

Staff Report:

1. Healthy Eating for Successful Living: Ranee Goodroad and Becky Suehring stated that twelve people came to the first week of the workshop. The group participates very well and seems very interested.
2. Nutrition Assessment Visits Update: Ranee Goodroad stated of the 76 home delivered meal assessments that were overdue, 69 have now been completed. Aubri Moore, Polly Jones and Phyllis Byrne helped in completing these assessments.
3. Update on Internship: Ranee Goodroad reported that Aubri Moore has completed her internship. Ms. Moore stated she felt the internship was a good experience and has helped her become prepared for future employment.

Old Business:

2009 Senior Farmers' Market Voucher Distribution: Ms. Goodroad stated that all the Senior Farmers' Market Vouchers have been distributed. As a result, 499 older adults will be able to purchase some fresh fruits and vegetables. Also, the vouchers bring in \$12,475 in revenue to local vendors. Historically, 84% of the vouchers are cashed.

New Business:

1. Faith Lutheran Relocation: Ms. Goodroad reported that Faith Lutheran is remodeling and the dining center will need to be re-located during the months of January and February. She is looking into alternate sites.
2. Training of Dining Center Kitchen Volunteers: Becky Suehring reported she has worked on a curriculum to train dining center volunteers. She will be using a "Glo Germ" kit that demonstrates how germs travel in a kitchen area.
3. Current Needs for Volunteers: Rane Goodroad stated there is a significant need at Faith Lutheran for volunteers. She has investigated possibilities at VAC and RSVP. There is a possibility of using Kandu participants who are being trained in community on-the-job placements.

Reports:

1. Dining Center Visits: Janet Kopp, Phyllis Byrne, and Ellen Trewartha submitted written reports on their visits to the Clinton and Riverview Heights sites. Polly Jones stated she ate at the Milton site and enjoyed the Italian beef.
2. Rebecca Suehring, Nutrition & Health Associates: Ms. Suehring stated she has had a busy month with working on the Healthy Eating workshop, doing home visits and following up with high-risk clients.
3. Dale Vogel, Hoffman House Catering: Dale Vogel stated he is working on the spring/summer menu.

Adjournment: A motion was made by Ellen Trewartha to adjourn, seconded by Phyllis Byrne. Meeting adjourned at 10:46 a.m.

Minutes not official until approved by the Nutrition Advisory Council.