

**Council on Aging Nutrition Advisory Council Minutes
Wednesday, October 21, 2009**

Call to Order: Chair Robert Jensen called the meeting to order at 10:03 a.m.

Approval of Agenda: Janet Kopp, seconded by Joanne Woodman, made a motion to approve the agenda. Motion carried.

Roll Call:

Present: Phyllis Byrne, Nancy Flood, Robert Jensen, Janet Kopp, Hjordis Olson, Shirley Sweet, Supervisor Terry Thomas, Ellen Trewartha, Joanne Woodman

Excused: Cecilia Blackwell, Laura Doll, Polly Jones, Evelyn Propp, Joan Wilson

Unexcused: Jeannie Randles

Staff Present: Joyce Lubben, Ranee Goodroad

Introduction of Visitors: Also present was Doris Thom.

Citizen Participation, Communications and Announcements: None

Approval of September 16, 2009 Minutes: Nancy Flood made a motion to approve the minutes for the September 16, 2009 meeting, seconded by Supervisor Terry Thomas. Motion carried.

Staff Report:

1. Site Manager Training: Ranee Goodroad stated that all site managers participated in the statewide training. Topics included sanitation, activities for participants and background on how nutrition assessments are tied to funding.
2. Statistical Report for July – September 2009: The statistical report was distributed.

Old Business:

1. Volunteer Appreciation Events: Ranee Goodroad reported that 65 people attended the volunteer appreciation event. The food was good. Phyllis Byrne and Shirley Sweet stated they thought it was a good idea for board members to sit with the various volunteer groups.
2. Faith Lutheran Relocation Update: Ms. Goodroad stated she is still looking for an alternate site for the Faith Lutheran relocation.

New Business:

1. Rock County Senior Fair: Ranee Goodroad reported that the nutrition program will be providing a lunch, again, at the Rock County Senior Fair. The purpose is to give fair participants a congregate dining center experience that will, hopefully, encourage them to try a dining center. Becky Suehring will be providing nutrition education. Nancy Flood volunteered to provide more information on the nutrition program.

Reports:

1. Dining Center Visits: Phyllis Byrne submitted a written report on her dining center visits to The Gathering Place.
2. Rebecca Suehring, Nutrition & Health Associates: No report.

Adjournment: A motion was made by Hjordis Olson to adjourn, seconded by Shirley Sweet. Meeting adjourned at 10:42 a.m.

Minutes not official until approved by the Nutrition Advisory Council.