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NEWS RELEASE

To: Local Media
From: Marie-Noel Sandoval, MPH, Health Officer
Date: April 8th, 2020

COVID-19 Weekday Update

As of today at 2:00pm, there are 2,756 confirmed positive cases of COVID-19 in the State of Wisconsin. Statewide, 99 individuals have died due to complications related to COVID-19. There are a total of 42 confirmed positive cases in Rock County and two deaths. There have been a minimum of 855 negative tests results reported in our county.

Please visit our website, www.co.rock.wi.us/publichealth for additional local COVID-19 information updated daily.

Spring Holiday Season

For those who typically gather with family and friends over the upcoming holidays, this year your plans will be different. The Safer At Home Order is still in effect and COVID-19 continues to spread. You must not participate in any in-person gathering with anyone outside of your immediate household. But that doesn't mean you can't celebrate and spend time with your loved ones in other ways! You can connect virtually over the phone or video chat. Maybe you order from the same restaurant or cook the same family recipes to share a meal together. The possibilities are endless! However you choose to do it, stay connected.

Holiday seasons can be hard for many, even without the added stress and physical isolation during this pandemic. If you are feeling overwhelmed with emotions like sadness, depression, or anxiety, visit resilient.wisconsin.gov, call 800-985-5990 to speak to a trained crisis counselor, or text TalkWithUS to 66747. If you are feeling unable to cope or having thoughts of self-harm or suicide, reach out for help right away. Text HOPELINE to 741741 or call the Suicide Prevention Hotline at 1-800-273-TALK. And if you know others who are struggling, reach out to them.

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