

## **Council on Aging Nutrition Advisory Council Minutes Wednesday, November 16, 2011**

**Call to Order:** Chair Janet Kopp called the meeting to order at 10:03 a.m.

**Approval of Agenda:** Ellen Trewartha, seconded by Shirley Sweet, made a motion to approve the agenda. Motion carried.

### **Roll Call:**

Present: Terry Burrington, Phyllis Byrne, Marti Everts, Nancy Flood, Polly Jones, Janet Kopp, Shirley Sweet, Doris Thom, Ronnie Thomas, Supervisor Terry Thomas, Ellen Trewartha, Joan Wilson

Excused: Robert Jensen, Mike Santucci

Unexcused: Hjordis Olson

Staff Present: Joyce Lubben, Ranee Goodroad

**Introduction of Visitors:** Also present were Patty Hansberry, Daryl Porter, Marcy Berner-Reedy, Becky Suehring and Kim Whitford.

**Citizen Participation, Communications and Announcements:** Marcy Berner-Reedy announced there was an article in the Beloit Daily News regarding the firefighters and paramedics installing batteries in their clients' smoke alarms. A volunteer appreciation event will be held on November 17, 2011.

Ronnie Thomas brought attention to the Janesville Gazette article on ECHO's stock box that is available for eligible folks throughout the county.

**Approval of October 19, 2011 Minutes:** Doris Thom made a motion to approve the October 19, 2011 minutes as distributed, seconded by Nancy Flood. Motion carried.

**Report from Becky Suehring, Nutrition & Health Associates:** Ms. Suehring shared material from her "Better Health Through Better Nutrition" presentation that shows how important the elderly nutrition program is to maintaining good health.

### **Staff Report:**

GWAAR Assessment: Ranee Goodroad stated that one of the GWAAR nutrition staff will be visiting the Council on Aging on December 9, 2011 to conduct an assessment on the program.

Special Holiday Events at Dining Centers: Ms. Goodroad shared that the traditional Thanksgiving meal will be served on November 22, 2011. The Milton site will host a

choral concert on December 14, 2011. The Christmas meal will be served on December 22, 2011.

**Old Business:**

Rock County Senior Fair: Ranee Goodroad thanked the volunteers from the advisory board for their assistance at the Rock County Senior Fair. In spite of food being delivered late, approximately 340 meals were served. This is the last year a meal will be served at the fair.

Annual Participant Survey: Ranee Goodroad shared copies of the participant survey forms that will be distributed in early December to congregate and home delivered meal diners.

**New Business:** none

**Reports:**

Dining Center Visits: Shirley Sweet, Janet Kopp, Polly Jones, and Ellen Trewartha provided reports on their visits to dining centers.

Best Events: Kim Whitford responded to the question of why there is no bologna on the fall/winter menu and as to why spinach and squash are on the menu. She explained there is a cost factor involved.

**Adjournment:** A motion was made by Joan Wilson to adjourn, seconded by Marti Everts. Motion carried. Meeting adjourned at 11:03 a.m.

*Minutes not official until approved by the Nutrition Advisory Council.*