

**Council on Aging Nutrition Advisory Council Minutes
Wednesday, February 20, 2012**

Call to Order: Chair Marti Everts called the meeting to order at 10:05 a.m.

Approval of Agenda: Ronnie Thomas, seconded by Diane Tester, made a motion to approve the agenda. Motion carried.

Roll Call:

Present: Terry Burrington, Marti Everts, Nancy Flood, Sonja Heiser, Janet Kopp, Char Levzow, Hjordis Olson, Mike Santucci, Diane Tester, Ronnie Thomas, Supervisor Terry Thomas

Excused: Nancy Arnold, Nancy Toubl, Peg Slaback

Unexcused: Daryl Porter

Staff Present: Joyce Lubben, Rane Goodroad

Introduction of Visitors: Also present were Rod Oksuita, Kim Whitford, James Roche, and Marcy Berner-Reedy.

Citizen Participation, Communications, and Announcements: Marcy Berner-Reedy announced blizzard boxes were distributed. Fundraisers are being held through Mush for Meals and Culvers.

Approval of November 14, 2012 Minutes: Janet Kopp made a motion to approve the November 14, 2012 minutes as distributed, seconded by Ronnie Thomas. Motion carried.

Staff Report:

Volunteers – Home Delivered Meals: Rane Goodroad stated she is in need of volunteers to deliver the home delivered meals.

MATC Internship: Ms. Goodroad stated she has been very impressed with the work done by intern, Tanya Kelly. She has been a real asset to the Council on Aging.

Old Business:

Senior Farmers' Market Nutrition Program Voucher Redemption Update: Rane Goodroad announced that there will be funding for this program in 2013, however, funding levels are yet to be determined. A recent report from the State shows that Rock County had a redemption rate of 84%. This compares to a state-wide redemption rate of 85%.

New Business:

Program Evaluations: Ranee Goodroad distributed this year's participant evaluation forms for both the congregate and home delivered meals programs.

Reports:

Dining Center Visits: Reports of visits to dining centers were provided by Janet Kopp, Marti Everts, Mike Santucci, Diane Tester and Terry Burrington.

Nutrition & Health Associates: James Roche described his role with the program. He reported that the education topics he is covering at the present time include nutrients for bone health, protein for muscle and skin health, energy and calories, and dehydration. He has also done ServeSafe training for the site managers.

Best Events: Kim Whitford stated that the new spring/summer menu will start April 1, 2013. Mr. Oksuita stated that gas prices are affecting the cost of food.

Adjournment: A motion was made by Janet Kopp to adjourn, seconded by Hjordis Olson. Motion carried. Meeting adjourned at 11:15 a.m.

Minutes not official until approved by the Nutrition Advisory Council.