



COUNCIL ON AGING ADVISORY BOARD MINUTES
Wednesday, August 17, 2016

Call to Order: The meeting was called to order by Chair Sonja Heiser at 9:00 a.m. at the Council on Aging office, 3328 US Highway 51 North, Janesville, Wisconsin.

Approval of Agenda: A motion was made by Supervisor Norvain Pleasant, seconded by Jean Boyle, to approve the agenda. Motion carried.

Roll Call:

Present: Jean Boyle, Jim Farrell, Dawn Fossum, Sonja Heiser, Jo Ann Koltyk, Char Lezvow, Supervisor Norvain Pleasant, Suzanne Rasmussen, Jenny Schmidt, Peg Slaback, Pam Strom, Aaron Thomas, Chuck Wilson

Excused: Nancy Arnold, Cherie Scholz-Baker

Staff Present: Joyce Lubben, Julie Seeman

Introduction of Visitors: Also present was Ellen Wiegand, Beloit Meals on Wheels.

Approval of July 20, 2016 Advisory Board Minutes: A motion was made by Char Lezvow, seconded by Chuck Wilson, to approve the July 20, 2016 minutes. Motion carried.

Citizen Participation, Communications and Announcements: Jean Boyle reported she had attended the Wednesday Walk in Milton and enjoyed it.

Pam Strom announced the Non-Motorized Parade to be held in Clinton on Saturday, August 20, 2016

Ellen Wiegand reported Beloit Meals on Wheels is working on their 2017 budgets and grant writing.

Chuck Wilson stated the final Hailey Rath Memorial Event fundraiser for organ donation will be held on Saturday, August 20, 2016.

Jo Ann Koltyk announced she is starting a Lighten Up workshop in Thursday, August 18, 2016 at the Council on Aging office.

Staff Report:

Elder Justice Video: The video was shown which depicts various real-life stories that demonstrate the various types of elder abuse that may occur. It was suggested the video could be used at a congregate “Lunch and Learn.”

Annual Caregiver Event: Julie Seeman stated the annual caregiver event, “Art and Relaxation” is scheduled for Thursday, August 25, 2016 at the Welty Environmental Center in Beloit, Wisconsin.

Senior Fairs: Flyers for the Rock County Senior Fair were distributed. Joyce Lubben will e-mail the volunteer sign-up sheet for anyone interested in participating that day.

Purchase of New Transit Bus: Joyce Lubben stated that the County Board of Supervisors approved the purchase of a used bus that will accommodate more ambulatory and wheelchair passengers. This will eliminate the need to use two buses for the same route, thus freeing up a vehicle for other trips.

America Walks Walking College: The Walking College is an interactive, online educational program for walkable community advocates. Molly Nolte was one of 25 Walking College Fellowships awarded throughout the U. S. The fellowship will culminate in a conference in Vancouver, Canada in September where their pedestrian plans will be unveiled.

“Cycling Without Age”: Molly Nolte is in the process of planning a public event regarding “Cycling Without Age,” a rickshaw bicycle program designed to allow elderly people who are not able to bike to feel what it’s like to ride a bike again. Visit www.cyclingwithoutage.org for more information.

Walk to End Alzheimer’s: The 2016 “Walk to End Alzheimer’s” is September 10, 2016 at Palmer Park in Janesville. Molly Nolte is the co-captain of the Dementia Friendly Rock County team.

2017 County Budget Request: Joyce Lubben reported she has submitted the 2017 county budget request and it has been reviewed by County Administration. With the exception of the nutrition programs, it is mainly a “cost to continue” budget. She has requested a .4 “health promotion coordinator” to assist with promoting and organizing the health promotion workshops.

Reports:

County Board of Supervisors: No report.

ADRC of Rock County: Dawn Fossum shared that 895 people are not enrolled in Family Care. The ADRC continues to be ahead of schedule.

Long Term Support Committee: No report.

Items for Future Agendas: None.

Adjournment: A motion to adjourn was made by Supervisor Norvain Pleasant, seconded by Pam Strom. Motion carried. Meeting adjourned at 9:54 a.m.

Minutes submitted by Joyce Lubben.

Minutes not official until approved by Council on Aging Advisory Board.