



COUNCIL ON AGING NUTRITION ADVISORY BOARD AGENDA
Wednesday, December 21, 2016

Call to Order: The meeting was called to order by Chair Sonja Heiser at 10:05 a.m. at the Council on Aging office, 3328 US Highway 51 North, Janesville, Wisconsin.

Approval of Agenda: A motion was made by Supervisor Norvain Pleasant, seconded by Nancy Arnold, to approve the agenda. Motion carried.

Roll Call:

Present: Nancy Arnold, Jim Farrell, Sonja Heiser, Jo Ann Koltyk, Char Lezvow, Supervisor Norvain Pleasant, Sue Rasmussen, Cherie Scholz-Baker, Peg Slaback, Pam Strom, Aaron Thomas, Chuck Wilson

Excused: Jean Boyle, Dawn Fossum, Jenny Schmidt

Staff Present: Joyce Lubben, Ranee Goodroad, Julie Seeman

Introduction of Visitors: Also in attendance was Becky Suehring, Nutrition & Health Associates.

Citizen Participation, Communications and Announcements: Chuck Wilson reported that his "Name that Tune" presentation using Christmas songs was very successful at Grinnell Hall.

Approval of November 16, 2016 Advisory Board Minutes: A motion was made by Supervisor Norvain Pleasant, seconded by Jo Ann Koltyk, to approve the November 16, 2016 minutes. Motion carried.

Staff Report:

Three-Year Assessment Results: Ranee Goodroad stated that the three-year assessment was completed by the Greater Wisconsin Agency on Aging Resources. She shared results from the last assessment.

Year-End Budget Estimates: No report.

Participant Surveys: Ranee Goodroad shared the process used by the State to evaluate the effectiveness of the Elder Nutrition Program. We were able to obtain Rock County specific results which were shared with the Board. Results were overall positive with the programs making a significant difference in the lives of the participants.

Janesville Gazette Article: Ranee Goodroad shared copies of an article printed in the Janesville Gazette on elder orphans. It was suggested this is a topic for future discussion.

Reports:

Best Events: No report.

Nutrition & Health Associates: Becky Suehring stated that 2016 was a good year for the program. Nutrition & Health Associates has a couple of dieticians trained to work on this contract. They are planning for 2017. What was successful this year was more education on cooking for one or two, actually bringing in samples of food and making the education fun and hand on.

Dining Center Visits: Chuck Wilson stated he had eaten at Grinnell Hall and found the food very good.

Adjournment: A motion was made by Supervisor Norvain Pleasant, seconded by Peg Slaback, to adjourn the meeting. Motion carried. Meeting adjourned at 11:00 a.m.

Minutes not official until approved by the Nutrition Advisory Board.