

**Council on Aging Nutrition Advisory Council**  
**Wednesday, April 15, 2015**

**Call to Order:** The meeting was called to order by Chair Sonja Heiser at 9:00 a.m.

**Approval of Agenda:** A motion was made by Supervisor Wayne Gustina, seconded by Char Lezvow to approve the agenda. Motion carried.

**Roll Call:**

Present: Nancy Arnold, Jean Boyle, Marti Everts, Dawn Fossum, Supervisor Wayne Gustina, Sonja Heiser, Jan Kinnaman, Jo Ann Koltyk, Char Lezvow, Daryl Porter, Suzanne Rasmussen, Peg Slaback, Pam Strom

Excused: Joe Scharenbroch

Unexcused: Charlie Daniel

Staff Present: Joyce Lubben, Ranee Goodroad

**Introduction of Visitors:** Also present were Ellen Wiegand, Beloit Meals on Wheels; Becky Suehring, Nutrition & Health Associates; and Kim Whitford and Rodney Oksuita, Best Events Catering.

**Citizen Participation, Communications, and Announcements:** Jo Ann Koltyk shared information on older adults being involved in climate change.

**Approval of March 18, 2015 Minutes:** A motion was made by Daryl Porter, seconded by Peg Slaback, to approve the March 18, 2015 minutes. Motion carried.

**Staff Report:**

WAND Conference: Ranee Goodroad reported highlights from the WAND Conference that she attended March 31 and April 1 in Stevens Point. In addition, there was a brief update as to the WAND Revitalization Committee.

Congregate Dining Centers, Progress Report: A chart comparing attendance from the first six months of the previous fiscal year to the current year was distributed.

Advisory Council, Special Events: Given that the attendance at special event meals is significantly higher than the regularly scheduled meals, advisory council members were

asked to gather information during the special events from diners as to why they attend special events but do not usually participate.

Possible Additional Janesville Dining Center: A few possibilities were identified that will be explored with a report to be made at the June meeting.

Memory Café Breakfast Program: Ranee Goodroad met with Cori Marsh, Dementia Care Specialist Rock County ADRC, to discuss the possibility of including breakfast as part of the monthly Memory Cafés. Exploration will continue with a report to be made at the June meeting.

May Meeting, Sara Koenig (BADR): Sara Koenig, Elder Nutrition Program Manager, BADR, will report as to the various projects that were implemented throughout Wisconsin as a result of the congregate dining center revitalization grants that were awarded in 2014.

### **Reports:**

Nutrition & Health Associates: Becky Suehring reported that this is her quarter for nutrition education. She is sharing recipes and tips for cooking for one or two. There are 18 people registered for the Health Eating workshop at Riverview Heights.

Best Events: Rodney Oksuita demonstrated a draft flyer to be used as a new menu format, making it look more like a restaurant menu.

Dining Center Visits: Dining center visits were provided by Jean Boyle, Peg Slaback, Daryl Porter and Sonja Heiser.

### **Continued Business: Evansville Process Improvement Project:**

Review 2<sup>nd</sup> and 3<sup>rd</sup> Stages of Process Improvement Project: Tabled until the June 2015 meeting.

Update – Meeting at Creekside: A report summarizing the suggestions for increasing attendance at the Evansville dining center was distributed.

**Adjournment:** A motion was made by Jan Kinnaman, seconded by Dawn Fossum, to adjourn the meeting. Motion carried. Meeting adjourned at 10:07.

*Minutes not official until approved by the Nutrition Program Advisory Council*