



COUNCIL ON AGING NUTRITION ADVISORY BOARD AGENDA
Wednesday, March 21, 2018

Call to Order: The meeting of the Council on Aging Nutrition Advisory Board was called to order at 10:06 a.m. by Vice-Chair Chuck Wilson at the Council on Aging office, 3328 US Highway 51 North, Janesville, Wisconsin.

Approval of Agenda: A motion was made by Janice Turner, seconded by Jean Boyle, to approve the agenda. Motion carried.

Roll Call:

Present: Jean Boyle, Jim Farrell, Sonja Heiser, Char Levezow, Vicky O'Donnell, Johnny Owens, Supervisor Norvain Pleasant, Mark Richardson, Cherie Scholz-Baker, Peg Slaback, Janice Turner, Chuck Wilson

Excused: Vicki Gobel, Sue Rasmussen, Pam Strom

Staff Present: Linda Hardie, Joyce Lubben

Introduction of Visitors: Also present were Arianna Coleman, Nutrition & Health Associates and Rod Oksuita, Best Events.

Citizen Participation, Communications and Announcements: None

Approval of November 15, 2017 Nutrition Advisory Board Minutes: A motion was made by Supervisor Norvain Pleasant, seconded by Cherie Scholz-Baker, to approve the November 15, 2017 minutes. Motion carried.

Staff Report:

Update on Nutrition Program Staffing: Linda Hardie introduced herself as the new Nutrition Program Supervisor and stated that she looks forward to learning and gaining greater insights through involvement; she encouraged board members to do the same. Board members were invited to dine at congregate sites and also to ride along with drivers of home delivered meals to gain further understanding of that component of the Nutrition Program. Of the meals ordered for consumption the day of the meeting, 79 were for congregate dining and 91 were for home delivered. This year is the 40th anniversary of home delivered meals funded through the Older Americans Act (OAA). OAA programs provide over 900,000 meals per day around the U.S. Of Americans age 60+, nearly 1 in 10 are food insecure. The average age of the congregate diner is 77; average age of the home delivered meal recipient is 82.

Current 2018 Home Delivered Meal Statistics: Linda Hardie provided year-to-date statistics on the home delivered meal program in Rock County. Since January 1, 2018, 38 new people were served (15 have already been dis-enrolled). There are an additional seven who have indicated serious interest and will likely enroll in the near future.

Review of Waiting List Policy: Given the number of new enrollees, Joyce Lubben shared the Waiting List Policy for the home delivered meal program that was adopted in 2011.

2017 Cost Per Meal Calculator: Joyce Lubben distributed a copy of the Cost Per Meal Calculator that measures the full cost of a meal. The actual cost of a congregate meal is \$10.81 and the actual cost of a home delivered meal is \$12.90 based on 2017 expenditures and revenues.

Old Business:

Recruitment of HDM Volunteer Subs: This year, one new substitute driver and one new regularly scheduled driver have been recruited for Janesville HDM. There had been 4 route vacancies per week which needed to be filled. This is an ongoing critical need.

Reports:

Best Events: Rod Oksuita stated that the spring/summer menu is completed and will be in effect in April.

Nutrition & Health Associates: Arianna Coleman shared that new food items are on the spring/summer menu. The Healthy Eating workshop was canceled due to lack of participation. She is finishing her nutrition education cycle. There was discussion on the issue of sodium in the meals.

Dining Center Visits: Reports were provided by Chuck Wilson, Sonja Heiser, and Peg Slaback.

Adjournment: A motion was made by Supervisor Norvain Pleasant, seconded by Cherie Scholz-Baker, to adjourn the meeting. Motion carried. Meeting adjourned at 11:00 a.m.

Minutes not official until approved by the Council on Aging Nutrition Program Advisory Board.