



COUNCIL ON AGING NUTRITION ADVISORY BOARD MINUTES
Wednesday, April 19, 2017

Call to Order: The meeting was called to order at 10:10 a.m. by Chair Pam Strom at the Rock County Council on Aging office, 3328 US Highway 51 North, Janesville, Wisconsin.

Approval of Agenda: A motion was made by Chuck Wilson, seconded by Nancy Arnold, to approve the agenda. Motion carried.

Roll Call:

Present: Nancy Arnold, Jean Boyle, Jim Farrell, Sonja Heiser, Suzanne Rasmussen, Jenny Schmidt, Cherie Scholz-Baker, Peg Slaback, Pam Strom, Aaron Thomas, Chuck Wilson

Excused: Dawn Fossum, Jo Ann Koltyk, Char Levzow, Supervisor Norvain Pleasant

Staff: Joyce Lubben, Ranee Goodroad, Stevie-Lynn Zenke

Introduction of Visitors: Also present were Rob Oksuita, Best Events; Becky Suehring, Nutrition & Health Associates; and Ellen Wiegand, Beloit Meals on Wheels.

Citizen Participation, Communications and Announcements: Chuck Wilson reported that he conducted a "Name that Tune" in Clinton and is booked for Milton on May 9th. He will be performing at the Grinnell Hall on July 26th.

Ranee Goodroad reported that Lori Weber, Nutrition Program assistant, has resigned. Her position has been posted.

Approval of February 15, 2017 Advisory Board Minutes: A motion was made by Jean Boyle, seconded by Peg Slaback, to approve the February 15, 2017 minutes. Motion carried.

Staff Report:

Beloit Golden Kiwanis: Ranee Goodroad reported she and Ellen Wiegand presented to this group. They were very interested in the nutritional aspect of the program. A "class 0" of the Healthy Eating workshop will be held with them to generate interest in the workshop being held at Grinnell Hall.

Willard Haus: Ranee Goodroad presented at the Willard Haus and had good interest in the home delivered meal program and the congregate dining center.

Recap of Special Menus (Meatless Fridays and St. Patrick's Day): The "meatless Fridays" and the traditional St. Patrick's Day menus have been very well received. Participants have requested the meatless meals be included in the regular menu cycle.

Reservations for Special Events (Revised Policy): Ranee Goodroad explained the new policy for taking reservations for special events. In order to ease over-crowding at the sites on these days, each site will establish their maximum capacity and reservations will be cut off when they reach that number.

Stevie-Lyn Zenke, UW Whitewater Intern: Ms. Zenke stated she is through with her internship on April 24, 2017 and will be graduating. She reported she has been working on two guide manuals, completed the annual surveys, has been job shadowing at various places, worked on the grocery store survey and the food resource guide, and conducted home visits.

Old Business:

Grocery Store Survey Summary: A summary of the responses to the grocery store survey was distributed. To date, six stores have responded. Ms. Goodroad will continue to follow up on this project.

Store to Door Volunteer Grocery Delivery Service: Ranee Goodroad provided information on this program that operates in Minnesota.

New Business:

Participant Survey Update: A summary of responses from four of the dining centers was distributed. An analysis of this survey will be done when all responses are tabulated and a comparison is available from state-wide surveys.

Dining Center Special Events: Ms. Goodroad announced that Chuck Wilson has been providing entertainment which has gone over very well. Jo Ann Koltyk has been facilitating a personal story-telling program at Grinnell Hall. She will also be providing this at Creekside Place on May 11, 2017. Grinnell Hall will be hosting their annual picnic on June 28th with Bahama Bob providing the music.

Food Resource Guide 2017: Ms. Goodroad distributed the updated Food Resource Guide that will be distributed at the Farmers' Market Voucher distribution sites.

Reports:

Best Events: Rod Oksuita reported there are no major changes. They continue to receive good feedback.

Nutrition & Health Associates: Becky Suehring stated that a few adjustments were made to the spring/summer menu. Staff from the Nutrition Program, Nutrition & Health Associates, Best Events, and a representative from Walworth County will review the fall/winter menu in depth this summer. Ms. Suehring will be starting a Health Eating workshop soon.

Dining Center Visits: Reports were received from Pam Strom, Chuck Wilson, Cherie Scholz-Baker and Jo Ann Koltyk (via Nancy Arnold). Joyce Lubben reminded everyone of the purpose of noting the hours they volunteered while making those visits so their time can be used as the in-kind match.

Adjournment: A motion was made by Sonja Heiser, seconded by Peg Slaback, to adjourn the meeting. Motion carried. Meeting adjourned at 11:05 a.m.