

Council on Aging Nutrition Advisory Board Minutes
Wednesday, May 18, 2016



Call to Order: The meeting was called to order by the Chair Sonja Heiser at 9:00 am.

Approval of Agenda: A motion was made by Chuck Wilson, seconded by Supervisor Norvain Pleasant to approve the agenda. Motion carried.

Roll Call:

Present: Nancy Arnold, Jean Boyle, Jim Farrell, Sonja Heiser, Char Levzow, Supervisor Norvain Pleasant, Suzanne Rasmussen, Jenny Schmidt, Cherie Scholz-Baker, Peg Slaback, Pam Strom, Aaron Thomas, Chuck Wilson

Excused: Dawn Fossum, JoAnn Kolytk

Staff Present: Ranee Goodroad

Introduction of Visitors: Also present were Kim Whitford from Best Events, Maggie Sanna and Chelsea Roth from Nutrition and Health Associates, and Ellen Wiegand from Beloit Meals on Wheels.

Citizen Participation, Communications and Announcements: None

Approval of April 20, 2016 Minutes: A motion was made by Cherie Scholz-Baker, seconded by Char Levzow, to approve the minutes of the April 20, 2016 meeting. Motion carried.

Staff Report:

Wisconsin Association of Nutrition Directors (WAND) Conference Report: The annual WAND conference was held in Stevens Point on May 10 - 11, 2016. Ranee Goodroad shared highlights from conference presentations.

Nutrition Program Outreach: Ranee Goodroad reported that a press release has been sent to the Milton Courier newspaper in an effort to increase awareness of both the dining center and home delivered meal programs in Milton. Home delivered meal participation within the City of Milton has declined significantly while the Edgerton route continues to increase.

Update, UW-W Social Work Intern: Susan Powers recently completed her internship with the Nutrition Program and has accepted a social work position in Janesville.

Dining Center Special Events: The final presentation of the "Cooking for 1 or 2" is scheduled for May 18th at Riverview Heights, concluding the first in the 2016 Lunch and Learn Series. A list of topic options is being sent to all sites interested in offering future Lunch and Learn presentations.

Old Business:

COA Information Table at Beloit and Janesville Farmers' Markets: Based on availability, each location allows non-profit agencies to have an information table twice each calendar year. Beloit currently has dates available in October. Several advisory board members expressed an interest in volunteering to be at a table to distribute COA information.

New Business:

Senior Farmers' Market Vouchers, 2016 Volunteer Sign-Up: Ranee Goodroad requested volunteers to assemble voucher packets and also distribute vouchers at four of the distribution sites (Edgerton, Beloit, Milton, and Janesville).

Outreach Ideas – Increase Home Delivered Meal Participation in Milton: Ranee Goodroad will meet with Dave Fisher, Gathering Place Director, and Be Conklin, Dining Center Manager, on June 14, 2016 to explore ideas for increasing home delivered meal and congregate dining center participation in Milton. No additional suggestions were made by the Advisory Board at this time.

Reports:

Best Events: Kim Whitford reported she will be reviewing the evaluations of the spring/summer menus.

Nutrition & Health Associates: Maggie Sanna and Chelsea Roth reported that "Cooking for 1 or 2" will conclude with the presentation at Riverview Heights. The Healthy Eating class at Grinnell Hall has 11 participants. A report outlining the May activities conducted by Nutrition Health and Associates was distributed.

Dining Center Visits: Chuck Wilson reported on his visit to Grinnell Hall.

Adjournment: A motion was made by Char Levzow, seconded by Aaron Thomas, to adjourn the meeting. Motion carried. Meeting adjourned at 9:45 am.

Minutes submitted by Ranee Goodroad.

Minutes not official until approved by the Nutrition Advisory Board.