



**BEHAVIORAL HEALTH REDESIGN STEERING COMMITTEE (BHRSC)
Minutes – January 17, 2019**

Call to Order. Vice Chair Hedges called the meeting of the Behavioral Health Redesign Steering Committee to order at 12:04 P.M. in Rooms N1-N2, Fifth floor, Rock County Courthouse-East.

Committee Members Present: Supervisor Louis Peer, Deputy Chief John Olsen, Commander Craig Strouse, Michelle Rose-Barajas, Tim Perry, Tricia Murray, Bette Trimble (alt. for Linda Scott Hoag), Lance Horozewski, Dr. Ken Robbins, Kelly Klingensmith (alt. for Dave Pluymers), Laura Neece, Greg Winkler and Vice Chair Ian Hedges.

Committee Members Absent: Judge Karl Hanson, Tami Ellis, Patty Slatter, Neil Deupree, Samantha Palan, Emily Pelz, Chair Kate Luster and Lindsay Stevens.

Staff Members Present: Dr. Kendra Schiffman, HSD Analyst; and Tera O'Connor, HSD Deputy Director.

Others Present: Melanie Swanson, Compass Behavioral Health.

Approval of Agenda. Supervisor Peer moved approval of the agenda, second by Ms. Neece. ADOPTED.

Approval of Minutes of November 15, 2018. Mr. Horozewski moved approval of the minutes as presented, second by Ms. Rose-Barajas. ADOPTED.

Election of Chair and Vice Chair. Vice Chair Hedges opened the floor for nominations for Chair of the BHRSC. Mr. Horozewski nominated Ms. Luster, second by Mr. Winkler. Ms. Luster had expressed her acceptance to the nomination prior to the meeting. Vice Chair Hedges asked for other nominations. Hearing none, Dr. Robbins moved to close the nominations, second by Mr. Perry. Vice Chair Hedges asked for a vote on Ms. Luster's nomination. Ms. Luster was unanimously voted Chair of the BHRSC.

Vice Chair Hedges opened the floor for nominations for Vice Chair of the BHRSC. Ms. Rose-Barajas nominated Mr. Hedges, second by Mr. Perry. Mr. Hedges accepted the nomination. Vice Chair Hedges asked for other nominations. Hearing none, Ms. Neece moved to close the nominations, second by Supervisor Peer. Vice Chair Hedges asked for a vote on his nomination. Mr. Hedges was unanimously voted Vice Chair of the BHRSC.

Discussion and Possible Action on Recommendation to use AHEC Funds for Medication Assisted Treatment (MAT) Education and Discussion of Next Steps. We have discussed at previous meetings how to expand MAT in Rock County. Other counties that use the hub and spoke model have had success in training primary care physicians. There are currently some physicians with Mercy Family Medicine/Internal Medicine that have been trained. There is discussion with a few physicians in the Beloit Health System. Vice Chair Hedges explained services that AHEC offers. There is \$10,000 in grant funds available for the use of MAT education. There was a meeting held recently to

discuss the best way to use the AHEC funds. There are already several training opportunities available for physicians, so they felt the funds didn't need to be used for training. They feel that physician engagement is the key. They are hoping to use the funds to hold physician forums; social events with food and a presentation. They are asking for feedback from the BHRSC on this idea. Mr. Winkler suggested that part of the presentation include flow and support systems available. It was suggested to have a current MAT prescriber available for question and answer as part of the presentation. Dr. Robbins said it would be helpful to have a medical director available that physicians could contact with questions. Ms. Neece suggested doing onsite clinic visits versus a social event. This may reach more physicians as sometimes it is hard to attend events. Dr. Robbins said we should look into supporting nurse practitioners. The hope is peer networking will reduce the flooding of patients. This needs to be viewed as a medical health issue not just Behavioral Health. Mr. Horozewski moved to use the AHEC funds to promote MAT education for local providers, second by Mr. Perry. ADOPTED.

Discussion of Draft Work Plan toward Improved Access and Connections in Care and Referral Pathways. Vice Chair Hedges said Rock County Human Services, Beloit Health Systems, Mercy and Crossroads have agreed to meet and develop a referral pathway protocol. The hope is to develop clear processes for a referral with a warm hand off. The BHRSC has been asked to develop the suggested outcomes/products of this workgroup. They hope to create a template or agreement to assist clients moving from point A to point B. One problem is the high rate of no shows. The committee discussed ways to improve the rate of no shows. Mr. Winkler would like to see an agreement on basic tasks of each agency. Ms. Trimble said it would be beneficial to have a crisis plan in place for better communication. Dr. Robbins suggested to connect individuals with a doctor possibly over the phone. Recovery coaches are being used and seem to help.

Update on Human Services Department Opiate Treatment Resources. Mr. Winkler said Human Services has received a grant and has started providing Vivitrol shots for inmates in the jail five days before discharge. The shot is intended to reduce cravings while the inmate is transitioning into the community. Released individuals are at a higher risk for overdose. Human Services has been running an opiate treatment program for approximately the last year and half at the Franklin Street location through the walk in clinic. There is a capacity of 20 to 25 clients. Human Services also has a CCS program which provides treatment to people with both addiction and mental health issues. Mr. Winkler said the goal is to have all programs become co-occurring capable. Human Services is in the process of redesigning their intake process. They are working on a more welcoming, responsive and efficient process. They hope to have specific recommendations for the redesign by May 31st.

Success Stories/Positive Outcomes Related to Strategic Plan Goals. Vice Chair Hedges said Emma Peterson, Health Department Vista, delivered her report on opiate deaths in Rock County to the Board of Health last week. Ms. Klingensmith will get that report for the committee. The Health Department will be looking for a new Vista intern.

Citizen Participation and Announcements. New AA meeting at St. John's Lutheran Church in Evansville on Thursdays at 7 P.M. starting January 31st.

Mercy has a treatment readiness group. Motivational interview based. Outpatient service, two hours a day/two days a week.

Future Meeting Date: Thursday, March 21, 2019, 12:00 P.M., N1-N2, 5th Floor, Courthouse East.

Adjournment. Adjourned by acclamation at 12:56 P.M.

Respectfully submitted,

Tracey VanZandt,
HR Secretary

NOT OFFICIAL UNTIL APPROVED BY COMMITTEE.