



**ROCK COUNTY HUMAN SERVICES BOARD MEETING**  
**Wednesday, August 23, 2017 – 4:30 P.M.**

**Call to Order:** Chair Knudson called the meeting to order at 4:30 p.m. on Wednesday, August 23, 2017, in the 3<sup>rd</sup> Floor Conference room at the Rock County Health Care Center, Janesville, Wisconsin.

**Committee Members Present:** Chair Brian Knudson, Supervisor; Kathy Schulz, Supervisor; Karl Dommershausen, Supervisor (in at 5:32 p.m.); Shirley Williams, Citizen Representative; Linda Garrett, Supervisor; Terry Thomas, Supervisor; and Terry Fell, Supervisor.

**Committee Members Absent:** Sally Jean Weaver-Landers, Citizen Representative. Ashley Kleven, Citizen Representative.

**Staff Present:** Kate Luster, Director; Timothy Zuehlke, Controller; Lance Horozewski, CYF Division Manager; and Brenda Endthoff, AODA Coordinator.

**Others Present:** None.

**Approval of Agenda:** Supervisor Fell moved the agenda to the floor, seconded by Citizen Representative Williams. The agenda was unanimously approved. APPROVED.

**Approval of Minutes of Human Services Board Meeting of August 9, 2017:** Supervisor Thomas moved the minutes to the floor, seconded by Supervisor Garrett. The minutes were unanimously approved. APPROVED.

**Citizen Participation, Communications and Announcements:** Supervisor Schulz thanked Ms. Luster for sending out updates from the state level.

**Submission of Committee Requests:** Supervisor Schulz asked when Second Harvest will be coming to speak about diabetes. Ms. Luster advised she contacted Anne Degarno Ahmed but has not heard back yet, but will follow up and include Supervisor Schulz.

**Approval of Contracts and Transfers:** Supervisor Thomas moved one contract to the floor, seconded by Supervisor Fell. Mr. Zuehlke advised there was one contract amendment adding group rates, service facilitation and planning for CCS. Supervisor Schulz asked where the office was located and if they provide a specialized type of therapy. Ms. Luster advised they provide CCS services for Jefferson, Rock and Walworth. Services are community based and are delivered in the community. They serve clients in homes, schools and in the community. They are certified for CCS and able to serve individuals with mental health needs, functional impairment and provide generalized therapeutic intervention. The contract was unanimously approved. APPROVED.

**August HSD Impact Award Winner Recognition:** Ms. Luster introduced Brenda Endthoff the August HSD Impact Award winner. Ms. Luster read the nomination submitted by Ms. Endthoff's supervisor which entailed Ms. Endthoff's home visit with a client in which she saved a child from choking. Ms. Luster and Chair Knudson both thanked Ms. Endthoff.

**Resolution Amending the 2017 HSD Budget to Accept Funding for Juvenile Early Intervention**

**Services:** Supervisor Thomas moved the resolution to the floor, seconded by Supervisor Fell. Mr. Horozewski reminded that each year we receive a varied amount of money. Left over juvenile justice funds are given to counties who have high juvenile arrests rates to support arrest diversion. We contract with Community Action and continue to partner with Community Action to provide the programming. This past summer there were 75 youth in the basketball program which was very successful for youth in Beloit.

Chair Knudson advised this would be good to be spread to County Board. Supervisor Garrett appreciated the background information and statistics which were provided from calendar year 2012 but asked for more recent data. Mr. Horozewski advised the most recent arrest data on the Wisconsin Justice portal is calendar year 2015 which he can bring back to the Board. Mr. Horozewski responded to questions. Supervisor Garrett requested a schedule of activities so that Board members could observe. Mr. Horozewski will send Community Action activity information to the Board. The resolution was unanimously approved. APPROVED.

**Trauma Informed Care and Related Initiatives:** Ms. Luster distributed a Trauma 101 handout. She presented a powerpoint highlighting key ideas from the handout. She explained that Trauma is an area of developing science and we have learned a lot about the impact of trauma within the last fifteen years. As this has developed human services has tried to integrate better practices.

Ms. Luster explained the many types of traumatic events that occur. We have learned that events that are relational in nature are most harmful. In some cases, neglect can be more damaging than abuse. Children living in neglectful and abusive homes leads to chronic stress and we now know that toxic stress derails healthy development. Not every distressing event results in traumatic stress for that person. Different people react differently to the same traumatic event. Reactions to trauma are based on multiple factors which may include severity and nature of the trauma, whether it is simple or complex trauma and the person's personality and responsiveness. We ask staff to look through a trauma lens when working with clients. She explained the iceberg exercise which looks at what has happened to an individual in the past and how that affects them now, rather than what is "wrong" with an individual. People who have experienced trauma are 15 times more likely to commit suicide, 4 times more likely to become an alcoholic, develop a STD, inject drugs; and 3 times more likely to use antidepressants medication and have serious job problems.

Ms. Luster informed the Board that a couple months ago, Tonette Walker visited Rock County HSD. Trauma informed principles are a big priority across the State and Ms. Walker is very focused on trauma informed care. She wanted to know what Rock County was doing. The visit went very well.

As we look at how we can help clients who experience trauma we are also looking at how we can help staff as well. There are staff who suffer from secondary traumatic stress which can be triggered when working on these cases. We are looking at what we can do to provide a safer environment for staff, including flexible work schedules, debriefing, and how to create a better work place. All supervisors will be attending a trauma training in September and we are looking at what other counties are doing. Citizen Representative Williams asked about communication with other states on evidence based approaches. She asked about how it is being addressed when the worker is a different race than the client. Trauma is different for different races, and most of the time the worker is a different race than their client. A worker can listen to a client and try to understand but may not necessarily relate. Ms. Luster recognized the importance of incorporating cultural competence into trauma informed care approaches.

**Director's Report:**

- **Budget Process Update** – Ms. Luster advised we submitted the budget and are meeting with County Administrator Smith in September. We are waiting to hear more about the State budget and will update the Board when we find out more information.
- **Semi-Annual Report** – Ms. Luster reported the information related to the individuals who attended trainings, conventions or conferences exceeding total costs of \$1,000 per event per individual during the last six months.

- Update on Shelter Care Initiative – The individual we will be contracting with for shelter care is requesting a conditional use permit from the City of Beloit in September. Mr. Boutwell and Mr. Evans have been reaching out and providing some ground work to the neighborhood in hopes of getting this passed. The next step will be getting a State license. Supervisor Schulz asked for a tour as a committee once it is up and running. Ms. Luster responded to questions about the property.

Supervisor Schulz asked about the proposed federal budget and changes that could occur. Mr. Osborne is tracking legislation in his role as registered lobbyist and Ms. Luster will keep the Board updated about any information we receive.

**Next Meeting: Wednesday, September 13, 2017 at 4:30 p.m.**, in the 3<sup>rd</sup> Floor Conference room at the Rock County Health Care Center, Janesville, Wisconsin.

**Adjournment:** Supervisor Schulz motioned to adjourn, seconded by Supervisor Fell with unanimous approval at 5:28 p.m.

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Jodi Parson, Secretary

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