

## **Council on Aging Nutrition Advisory Council Minutes Wednesday, January 19, 2011**

**Call to Order:** Chair Janet Kopp called the meeting to order at 10:00 a.m.

**Approval of Agenda:** Hjordis Olson, seconded by Ronnie Thomas, made a motion to approve the agenda. Motion carried.

### **Roll Call:**

Present: Terry Burrington, Phyllis Byrne, Marti Everts, Nancy Flood, Robert Jensen, Polly Jones, Janet Kopp, Hjordis Olson, Mike Santucci, Shirley Sweet, Doris Thom, Ronnie Thomas, Supervisor Terry Thomas, Ellen Trewartha

Excused: Joan Wilson

Staff: Joyce Lubben, Rane Goodroad

**Introduction of Visitors:** Kim Whitford and Rod Oksuita, Best Events; Becky Suehring, Nutrition & Health Associates; Marcy Berner-Reedy, Beloit Meals on Wheels;

**Citizen Participation, Communications and Announcements:** Rane Goodroad distributed new brochures for the nutrition program. Marcy Berner-Reedy stated they had received a \$2,000 grant from Meals on Wheels America. She also requested permission from board members to add their mailing/e-mail addresses to her newsletter distribution list.

**Approval of December 15, 2010 Minutes:** Marti Everts made a motion to approve the December 15, 2010 minutes as distributed, seconded by Ronnie Thomas. Motion carried.

### **Staff Report:**

2009/10 Meals Comparison: Rane Goodroad distributed a pie chart that showed the 2010 meals served by site.

Update on Cost Savings Measures: Ms. Goodroad shared a few cost savings measures that have worked out well during the past couple of months.

Practicum – Nutrition Assessment Visits: Ms. Goodroad stated that Teena Gerber will begin her practicum. She needs to complete 50 hours and will be working on home visits.

## **Old Business:**

MMIS Project: Ranee Goodroad stated that the new practicum student will be conducting home visits for the MMIS Project. Our goal is to enroll 170 clients into the program.

## **New Business:**

Suggestions for Special Events: Ranee Goodroad reported that the Meals on Wheels Association is working toward eliminating food hunger in seniors. Local programs are encouraged to hold special events throughout the month of March to highlight the nutrition program. She shared the seven-year Wisconsin State Profile of Food Insecurity for Seniors.

Grinnell Hall Special Event: Ranee Goodroad stated that Grinnell Hall will have a different menu on February 14 as they are celebrating Valentines Day.

## **Reports:**

Dining Center Visits: Phyllis Byrne, Doris Thom, Marti Everts and Ellen Trewartha provided reports on their visits to congregate dining centers.

Rebecca Suehring, Nutrition and Health Associates: Ms. Suehring stated she has been conducting a large number of home visits for HDM clients. She also met with the dining center managers to review the menus, resulting in a few changes. Her current topic for congregate sites is Supplements 101.

Kim Whitford, Best Events: Ms. Whitford stated they are working on the spring/summer menu.

**Adjournment:** A motion was made by Doris Thom to adjourn, seconded by Hjordis Olson. Meeting adjourned at 10:53 a.m.

*Minutes not official until approved by the Nutrition Advisory Council.*