

Council on Aging Nutrition Advisory Council Minutes Wednesday, May 19, 2010

Call to Order: Chair Robert Jensen called the meeting to order at 10:20 a.m.

Approval of Agenda: Janet Kopp, seconded by Shirley Sweet, made a motion to approve the agenda. Motion carried.

Roll Call:

Present: Laura Doll, Marti Everts, Robert Jensen, Polly Jones, Janet Kopp, Evelyn Propp, Shirley Sweet, Supervisor Terry Thomas, Joan Wilson

Excused: Phyllis Byrne, Hjordis Olson, Nancy Flood, Ellen Trewartha and Doris Thom

Staff: Julie Seeman, Ranee Goodroad

Introduction of Visitors: Marcy Berner-Reedy, Beloit Meals on Wheels; Becky Suehring, Nutrition and Health Associates; Kim Whitford, Best Events.

Citizen Participation, Communications and Announcements: Marcy Berner-Reedy displayed caps and t-shirts promoting Beloit Meals on Wheels which are being sold to home delivered meals volunteers.

Staff Report:

1. Site Manager Change: Val Kelly has become the Friday site manager at the Riverview site.
2. Addition of New Substitutes: To replace site managers during a temporary absence, a pool of substitutes is now in place and includes Val Kelly, Darlene Severt, Starr Rook, and Barb Hopper.
3. Home Delivered Meals Assessment Visits: Phyllis Byrne, Polly Jones, Becky Suehring, and Ranee Goodroad are making home visits to recipients of home delivered meals for the purpose of completing the nutrition assessments to those just beginning the program and then at one year intervals afterwards.
4. WAND (Wisconsin Association of Nutrition Directors (WAND) Conference: Ranee Goodroad attended the conference on May 6 and 7 in Stevens Point.

Old Business:

1. Volunteer Appreciation Event: The annual volunteer appreciation event has been scheduled for Friday, September 10, 2010 at Rotary Gardens. The theme is *Growing a Garden of Thanks*.

New Business:

1. Senior Farmers' Market Voucher Distribution: Rock County COA will distribute \$25 in vouchers to 499 eligible households beginning June 22, 2010. Flyers were distributed outlining program description, eligibility requirements, distribution sites with dates and times.

Training for volunteers assisting with the distribution of vouchers will be held on Wednesday, June 16, 2010 at 11:00 a.m. following the Nutrition Advisory Board meeting.

2. Fall Site Manager's Training: Rock County COA will be working with other nutrition programs in the southern part of the state to sponsor a site manager's training on Friday, October 8, 2010 at Rotary Gardens. Site Managers are required to attend this training. It is the first time the training has been offered in Janesville.
3. Temporary Relocation of Faith Dining Site: Due to replacement of flooring at Faith Lutheran, the dining center will relocate to Mt. Zion Church, 2130 Mt. Zion Avenue from May 24 to June 4, 2010.

Reports:

1. Dining Center Visits: Robert Jensen and Janet Kopp reported on their visits to the Clinton Senior Center.
2. Rebecca Suehring, Nutrition and Health Associates: Rebecca Suehring and a student intern will teach the *Health Eating for Successful Living in Older Adults* at the Gathering Place in Milton. The 6-week class will begin Thursday, June 24, 2010.
3. Kim Whitford, Best Events: No report.

Adjournment:

A motion was made by Laura Doll to adjourn, seconded by Janet Kopp. Meeting adjourned at 10:57 a.m.

Minutes not official until approved by the Nutrition Advisory Council.