

ROCK COUNTY BOARD OF HEALTH
WEDNESDAY, APRIL 2, 2014 – 6:00 P.M.
HEALTH DEPARTMENT – 3328 N. U.S. HIGHWAY 51
JANESVILLE, WI 53545
(ACROSS FROM SPORTSMAN'S PARK)

AGENDA

1. Call to Order
2. Adopt Agenda
3. Approval of Minutes –March 5, 2014
4. Citizen Participation
5. Unfinished Business
6. New Business
 - A. Administrative Division
 - (1) Approval of Bills/Transfer of Funds/encumbrances
 - (2) Health Department Report
 - (3) Resolution: Rabies Awareness Week April 20-26, 2014.
 - (4) Resolution: Amending the 2014 Rock County Health Department Budget to Increase the Environmental Health Technician Position from 0.4 FTE to 0.6 FTE.
 - B. Environmental Health
 - (1) Town Well Sampling
 - C. Public Health Nursing
 - (1) Community Collaborations and Partnerships
7. Communications and Announcements
8. Adjournment

If you are unable to attend the Board of Health meeting, **please** contact the Public Health Department (757-5442) or Ms. Kraft at (608) 751-6249. Thank you.

ROCK COUNTY HEALTH DEPARTMENT
LIST OF BILLS FOR 4/2/14 BOARD OF HEALTH MEETING

<u>Account No.</u>	<u>Vendor Name</u>	<u>Item(s) Description</u>	<u>\$ Amount</u>
<u>Community Transformation Grant</u>			
31-3161-0000-63110	Daniels Sentry	produce for Edgerton Schools healthy school program	11.94
	Daniels Sentry	produce for Edgerton Schools healthy school program	29.70
	Menards	supplies for Edgerton Schools garden program	41.78
	Clinton Schools	Active Schools equipment (sports equipment)	995.74
62119	Office Pro	shredding of confidential documents	4.18
	LB Med Waste	February sharps & medwaste disposal	77.63
	LB Med Waste	March sharps & medwaste disposal	77.63
	Thiele	service call on vaccine storage refrigerator/freezer	175.00
62503	Viridiana Garcia	2/14/14 interpreter services	40.00
	Belem Gonzalez	2/13-2/14/14 translation services (quarantine order & letter)	70.00
63100	Latino Service Providers	booth fee for Latino Community Health Fair	30.00
63200	Olga Myers	reimburse for RN license renewal	86.00
64000	Karen Cain	reimburse for breastfeeding decals	60.00
	McKesson	1 box pregnancy test kits (50/box)	64.13
64010	Culligan	March 2014 deionizer rent	35.00
	IDEXX	2 boxes colisure for lab	2,340.37
64200	Tim Banwell	reimburse for conference fee	35.00
	Crisis Reality Training	workshop registration for Carol McComb	100.00
64604	POC Network Technologies	February 2014 transaction fees for Medicare Part B	12.00
64900	Enviro Sciences/ Alpha Energy Inc	100 short term radon test kits	540.00

Account Number	Account Name	PO#	Inv Date	Vendor Name	Inv/Enc Amt
31-3000-0000-62119	OTHER SERVICES				
		P1400012	03/04/2014	OFFICE PRO	4.18
		P1400025	02/21/2014	THIELE HEATING AND AIR CONDITI	175.00
		P1400026	02/24/2014	LB MEDWASTE SERVICES	155.26
	Budget	YTD Exp	YTD Enc	Pending	Closing Balance
	4,500.00	63.21	0.00	334.44	4,102.35
31-3000-0000-62503	INTERPRETER FEES				
		P1401181	02/24/2014	GONZALEZ,BELEM	70.00
		P1401190	02/14/2014	GARCIA FRIAS,VIRIDIANA J	40.00
	Budget	YTD Exp	YTD Enc	Pending	Closing Balance
	2,000.00	148.50	0.00	110.00	1,741.50
31-3000-0000-63100	OFC SUPP & EXP				
		P1401501	03/07/2014	LATINO SERVICE PROVIDERS COALI	30.00
	Budget	YTD Exp	YTD Enc	Pending	Closing Balance
	8,500.00	1,561.67	0.00	30.00	6,908.33
31-3000-0000-63200	PUBL/SUBCR/DUES				
			02/25/2014	MYERS,OLGA	86.00
	Budget	YTD Exp	YTD Enc	Pending	Closing Balance
	5,100.00	2,761.00	0.00	86.00	2,253.00
31-3000-0000-64000	MEDICAL SUPPLIES				
ENC		R1401764	03/20/2014	SANOFI PASTEUR	42,682.09
			01/10/2014	CAIN,KAREN	60.00
		P1400015	02/12/2014	MC KESSON MEDICAL SURGICAL COF	64.13
	Budget	YTD Exp	YTD Enc	Pending	Closing Balance
	105,000.00	6,886.13	6,530.54	42,806.22	48,977.11
31-3000-0000-64010	LAB SUPPLIES				
		P1400021	02/26/2014	CULLIGAN WATER CONDITIONING IN	35.00
		P1401183	02/26/2014	IDEXX LABORATORIES INC	2,340.37
		P1401360	01/01/2014	IDEXX LABORATORIES INC	1,150.19
	Budget	YTD Exp	YTD Enc	Pending	Closing Balance
	12,500.00	(417.69)	0.00	3,525.56	9,392.13
31-3000-0000-64200	TRAINING EXP				
			02/05/2014	BANWELL,TIMOTHY	35.00
		P1401510	03/13/2014	CRISIS REALITY TRAINING INC	100.00
	Budget	YTD Exp	YTD Enc	Pending	Closing Balance
	10,000.00	1,461.99	852.98	135.00	7,550.03
31-3000-0000-64604	PROGRAM EXPENSE				
		P1401180	02/28/2014	POC NETWORK TECHNOLOGIES INC	12.00

COMMITTEE APPROVAL REPORT

Account Number	Account Name	PO#	Inv Date	Vendor Name	Inv/Enc Amt
	Budget	YTD Exp	YTD Enc	Pending	Closing Balance
	1,500.00	28.50	0.00	12.00	1,459.50
31-3000-0000-64900	OTHER SUPPL/EXP				
		P1401395	02/27/2014	ENVIRO SCIENCES ALPHA ENERGY I	540.00
	Budget	YTD Exp	YTD Enc	Pending	Closing Balance
	3,000.00	0.00	0.00	540.00	2,460.00
HEALTH DEPARTMENT PROG TOTAL				47,579.22	
31-3161-0000-63110	ADMIN.EXPENSE				
		P1400017	03/03/2014	DANIELS SENTRY	41.64
		P1400022	02/18/2014	MENARDS	41.78
		P1401507	03/07/2014	CLINTON COMMUNITY SCHOOL DISTR	995.74
	Budget	YTD Exp	YTD Enc	Pending	Closing Balance
	456,500.00	357,885.04	66.90	1,079.16	97,468.90
COMMUNITY TRANSFORMATION GRANT PROG TOTAL				1,079.16	

Account Number	Account Name	PO#	Inv Date	Vendor Name	Inv/Enc Amt
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I have examined the preceding bills and encumbrances in the total amount of **\$48,658.38**

Claims covering the items are proper and have been previously funded. These items are to be treated as follows:

- A. Bills and encumbrances over \$10,000 referred to the Finance Committee and County Board.
- B. Bills under \$10,000 to be paid.
- C. Encumbrances under \$10,000 to be paid upon acceptance by the Department Head.

Date: **APR 02 2014**

Dept Head _____

Committee Chair _____

RESOLUTION NO. _____

AGENDA NO. _____

RESOLUTION

ROCK COUNTY BOARD OF SUPERVISORS

Board of Health _____
INITIATED BY



Timothy Banwell, EH Director _____
DRAFTED BY

Board of Health _____
SUBMITTED BY

March 25, 2014 _____
DATE DRAFTED

Rock County Rabies Awareness Week

- 1 **WHEREAS**, rabies is a disease present in the wildlife of Rock County; and
- 2
- 3 **WHEREAS**, once a human or animal contracts rabies, the disease is always fatal; and
- 4
- 5 **WHEREAS**, wildlife is an important reservoir of rabies for household pets; and
- 6
- 7 **WHEREAS**, animals in Rock County bite approximately 400 persons each year, requiring follow-up
- 8 by law enforcement, health care providers, veterinarians, and the health department; and
- 9
- 10 **WHEREAS**, at least 11 persons were referred to their health care providers for rabies vaccination in
- 11 2013; and
- 12
- 13 **WHEREAS**, approximately 10,000 to 20,000 dogs and cats are not vaccinated in Rock County; and
- 14
- 15 **WHEREAS**, the control and elimination of rabies in cats and dogs through vaccination remains the
- 16 only cost effective way to protect humans from contracting the disease.
- 17
- 18 **NOW, THEREFORE BE IT RESOLVED**, that the Rock County Board of Supervisors duly assembled
- 19 on this _____ day of _____, 2014 does hereby declare the week of April 20 through
- 20 April 26, 2014 as 'Rock County Rabies Awareness Week', and encourage all cat and dog owners to be
- 21 responsible by having their pets vaccinated for rabies.

Respectfully submitted,

BOARD OF HEALTH

Sandra Kraft, Chair

Louis Peer, Vice Chair

Richard Bostwick

Mike Rundle

Dr. Keith Konkol, M.D.

Dr. Dean Peterson, DVM

Dr. Connie Winter, DDS

Judith Wade

Eric Gresens

RESOLUTION NO. _____

AGENDA NO. _____

RESOLUTION

ROCK COUNTY BOARD OF SUPERVISORS

Board of Health _____
INITIATED BY



Karen Cain, Health Officer _____
DRAFTED BY

Board of Health _____
SUBMITTED BY

March 21, 2014 _____
DATE DRAFTED

Amending the 2014 Rock County Health Department Budget to Increase the Environmental Health Technician Position from 0.4 FTE to 0.6 FTE

1 **WHEREAS**, the Rock County Health Department has agreed to assist the Rock County Planning,
2 Economic & Community Development Agency with conducting Lead Risk Assessments and Lead
3 Clearances; and
4

5 **WHEREAS**, the Rock County Planning, Economic & Community Development Agency will
6 reimburse the Rock County Health Department for lead risk assessments at \$250 per assessment, and
7 lead clearances at \$125 per clearance; and
8

9 **WHEREAS**, the amount of time needed to complete the assessments and clearances was not included in
10 the Health Department's 2014 Budget; and
11

12 **WHEREAS**, an increase in work hours for the Environmental Health Technician would allow for
13 completion of work not currently able to be completed.
14

15 **NOW, THEREFORE BE IT RESOLVED**, by the Rock County Board of Supervisors duly assembled
16 on this _____ day of _____, 2014 does hereby authorize the Rock County Health
17 Department to increase the Environmental Health Technician's work hours from 0.4 FTE to 0.6 FTE
18 from April 14, 2014 through October 31, 2014, and to amend the 2014 Rock County Health
19 Department Budget as follows:
20

21	Budget	Increase	Amended
22	3/21/14	(Decrease)	Budget
23			
24			
25			
26			
27			
28			

Amending the 2014 Rock County Health Department Budget to Increase the Environmental Health Technician Position from 0.4 FTE to 0.6 FTE

Page 2

Respectfully submitted,

BOARD OF HEALTH

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Mike Rundle

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Dr. Dean Peterson, DVM

Dr. Connie Winter, DDS

Judith Wade

Eric Gresens

FINANCE COMMITTEE ENDORSEMENT

Reviewed and approved on a vote of

Mary Mawhinney, Chair

ADMINISTRATIVE NOTE:

Recommended.



Craig Knutson
County Administrator

FISCAL NOTE:

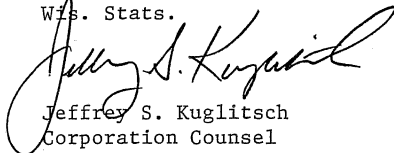
This resolution temporarily increases an Environmental Health Technician's work hours from 0.4 FTE to 0.6 FTE. The increased salary and fringe costs will be mostly offset by cross-charges to the Planning Department. Any additional costs will be covered by savings from Health Department personnel vacancies.



Sherry Oja
Finance Director

LEGAL NOTE:

The County Board is authorized to take this action pursuant to § 59.22(2), Wis. Stats. As an amendment to the adopted 2014 County Budget, this Resolution requires a 2/3 vote of the entire membership of the County Board pursuant to sec. 65.90(5)(a), Wis. Stats.



Jeffrey S. Kuglitsch
Corporation Counsel

**AMENDING THE 2014 ROCK COUNTY HEALTH DEPARTMENT BUDGET TO
INCREASE THE ENVIRONMENTAL HEALTH TECHNICIAN POSITION FROM
0.4 FTE TO 0.6 FTE**

EXECUTIVE SUMMARY

The Rock County Health Department's Environmental Health staff has the technical expertise to conduct Lead Risk Assessments and Lead Clearance Tests. Lead Risk Assessments are conducted to determine if there is a lead hazard in an environment, and Lead Clearances are conducted to determine if the lead hazard has been eliminated after rehabilitation of the environment. At the request of the Rock County Planning, Economic & Community Development Agency, the Health Department has agreed to assist with conducting Lead Risk Assessments and Lead Clearances for the HUD and CDBG grants.

The additional work of these assessments and clearances was not included in the Health Department's 2014 Budget. Currently, Health Department staff is not able to conduct the work without additional staff time. Increasing the Environmental Health Technician's position from 0.4 FTE to 0.6 FTE during the busiest time period of April 14, 2014 through October 31, 2014 would provide sufficient additional time for Environmental Health staff to complete the Lead Assessments and Clearances, and other work assignments.

The Rock County Planning, Economic & Community Development Agency will reimburse the Health Department for Lead Risk Assessments at \$250 per assessment, and Lead Clearances at \$125 per clearance. The projected revenue from Rock County Planning, Economic & Community Development Agency is \$3,250. Reimbursement from the Rock County Planning, Economic & Community Development Agency should cover most of the cost of the increased hours. If the cost is higher than expected, there are currently 2 open positions in the department, and sufficient funds in the Health Department's salary and fringe benefit accounts to cover an unexpected increase.

ROCK COUNTY HEALTH DEPARTMENT

North Office

P.O. Box 1088
Janesville, WI 53547-1088
608-757-5440
608-758-8423 (fax)
www.co.rock.wi.us



South Office

61 Eclipse Center
Beloit, WI 53511
608-364-2010
608-364-2011 (fax)

“Healthful Hint” Monthly Health News Column

Time to Get Motivated and Get Moving!

We all know we should be physically active daily and the benefits are lifelong. Sometimes, however, it's the lack of motivation to get off the couch or pull our hand out of the bag of chips that prevents us from making the first move. The health benefits to exercise far outweigh the challenges to becoming motivated. Even a daily brisk walk can help reduce the risk of developing diabetes, arthritis, dementia, depression, and heart disease.

Adults should be getting at least 150 minutes of moderate-intensity aerobic activity and muscle strengthening activities two days a week to meet the minimum recommendations from the Centers for Disease Control and Prevention (CDC). This may sound like a lot, but as long as you are getting at least 10 minutes of activity at a time, it will benefit you. If you don't have time for an hour workout a day, break it up into small increments when you do have time. Try a 10-minute brisk walk, three times a day, five days a week and you will already meet the goal of 150 minutes!

Many individuals have a hard time actually starting physical activity or making that very first trip to the gym. The following are a few ways to help get you motivated to exercise regularly. Try one or all of them and start today!

- **Find a workout partner** – Whether it's a friend, neighbor, coworker, or family member, social support has been shown to encourage physical activity. Exercising with a partner will provide you both with extra motivation and allow you to try new activities or feel more comfortable doing an activity you both enjoy. After all, it's much harder to say no to a friend when they are counting on you also!
- **Look for fun and variety** – It's much easier to go to a class or activity that you enjoy and look forward to doing. Exercising in fun ways will make the time go by quicker and will hardly seem like a workout if it's something you like! Exercising in a variety of ways will also help prevent workout-boredom, while introducing you to new muscle groups as an added bonus! Try activities like rock climbing, dancing or yoga.
- **Set a goal (or goals!)** – Set a realistic goal first and then work towards it. The first goal doesn't have to be running a marathon! Start small and once you accomplish that, set the next goal a little higher. It helps to write it down and consciously think and work towards achieving that goal daily until it is complete.
- **Schedule a regular time for exercise** – Telling yourself you will do it “once the dishes are done”, or “once the weather warms up”, will become your excuse for neglecting it.

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Having a regularly scheduled time (yes, even writing it in your daily planner) will be a reminder and help you stay on track to getting your exercise in every day. Once it becomes a daily habit, you will not want to overbook that appointment!

- **Change your perspective** – Try not to look at exercise as chore or like it's climbing a mountain. Committing to fitness starts with your mentality. Maybe starting to exercise will simply help your kids see what a healthy lifestyle looks like; and maybe that will build lifelong relationships and healthy habits. If your body allows you to be physically active, think that you are lucky you can get up and move every day.

Changing your exercise routine for the better begins with the first step. Remember: "No matter how slow you go, you are still lapping everybody on the couch".

Katie Schroeder, CHES, is the Health Educator for the Rock County Health Department. If you would like to ask Katie a health-related question to be answered in a future column, e-mail her at schroede@co.rock.wi.us. The Rock County Health Department reserves the right not to answer any questions deemed unsuitable.