



COUNCIL ON AGING ADVISORY BOARD AGENDA
Wednesday, February 19, 2020, 9:00 a.m.
Council on Aging Office
3328 US Highway 51 North, Janesville, Wisconsin

- A. Call to Order
- B. Approval of Agenda
- C. Roll Call
- D. Introduction of Visitors
- E. Approval of January 15, 2020 Advisory Board Minutes
- F. Citizen Participation, Communications and Announcements
- G. Staff Report
 - 1. Elder Benefit Specialist..... Lachel Fowler
 - 2. Mobility Management.....Jennifer McIlhone
 - 3. Transit..... Ryan Booth
 - 4. Caregiver Specialist.....Julie Seeman
 - 5. Health Promotion Coordinator.....Lisa Messer
- H. New Business
- I. Old Business
- J. Reports
 - 1. County Board of Supervisors, Supervisor Tom Brien
 - 2. ADRC of Rock County, Vicky O'Donnell
- K. Adjournment

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COUNCIL ON AGING ADVISORY BOARD MINUTES
Wednesday January 15, 2020

Call to Order: The meeting of the Council on Aging Advisory Board was called to order at 9:00 a.m. by Jean Boyle at the Council on Aging office, 3328 US Highway 51 North, Janesville, Wisconsin.

Approval of Agenda: Several corrections were added to the Agenda. Under New Business, Name Tags was added and under Old Business, Updates on Integration was added. A motion was made by Sue McGinnis, seconded by Mark Richardson to approve the agenda with noted change. Motion carried.

Roll Call:

Present: Vicky O'Donnell, Mark Richardson, Janet Smith, Janice Turner and, Sherril Gilbertson, Patricia Burhans, Jean Boyle, Robert Borremans, Tom Brien, Sue McGinniss, Rena DeWar

Excused: Vicky Gobel

Unexcused: Debbie Kraus

Staff Present: Paula Schutt, Julie Seeman, Lisa Messer, Ryan Booth, Lachel Fowler

Introduction of Visitors: Karen Ferguson, Jack Kooyman,

Approval of December 18, 2019 Advisory Board Minutes: A correction was noted on December minutes, the name "Pat Richardson" should have been Mark Richardson. Spelling Corrections were noted for Pat Burhans and Sue McGinniss. A motion was made by Pat Burhans, seconded by Tom Brien, to approve the December 18, 2019 Advisory Board minutes with noted corrections. Motion carried.

Citizen Participation, Communications and Announcements: Sue McGinniss told a friend about COA Nutrition and the Blizzard Meals. Her friend decided to switch meal providers and start using COA. Jean Boyle made an announcement that Mercy Health Mall offered free blood pressure and blood sugar checks on the first and third Wednesday from 8:30 am – 11:00 am.

Staff Reports:

Mobility Management: Jennifer McIlhone reported on her 2019 service statistics. Wednesday Walks had an average of 18 people per walk this past year with a total of 164 people total. For Cycling with Age, 54 rides were given in 2019. Jennifer held 141 Travel Training sessions, group,

one-on-one and train the trainer. There were 1,640 people reached in presentations, 2,569 residents served and 359 total participants for 2019. She also is working on bringing in a new transportation source to Rock County. Care Pool is preparing their Janesville launch. They are not ADA accessible and she reported for out of County rides it is \$13.50 for the first 5 miles and \$2.10 per miles after that. Jennifer explained that Coach Lines to Madison are quite a bit more affordable. Jean Boyle thanked Jennifer for all she does and congratulated her on one year of service.

Elder Benefit Specialist: Lachel works with Medicaid, Medicare and food share. She is back to working on County wide Outreach now that Open Enrollment is finished. She is also beginning Homestead Tax preparation. She also addressed some individual questions on senior care for board members.

Health Promotion Coordinator: Lisa handed out fliers she had prepared on all of her new programs. They included:

1. Stepping On which has four workshops scheduled
2. Power Tools for Caregivers with classes scheduled in Beloit, Edgerton and Evansville
3. Mind Over Matter with Vicki Gobel being trained as a facilitator
4. Healthy Eating for Successful Living which has two sessions scheduled
5. Living Health with Diabetes will hold facilitator training in August and Pat Burhans and Paula are scheduled to be the facilitators for this class.
6. Stand Up Move more first session is scheduled for April
7. Living Well with Chronic Pain has two possible for candidates for facilitators.

Paula also reported on the Aging Mastery Program. She is partnering with the Arrowhead Library System so she can have classes in each library in the County.

New Business:

The final two board members were voted in. A motion was made by Sue McGinniss and seconded by Janice Turner to nominate Jack Kooyman and Karen Ferguson. All were in favor. Their names will be submitted to the County Board.

There was some discussion on how the possible integration would affect the job of the COA Board. At this time it is unknown if it will have a direct effect on the COA Board.

Sue McGinniss asked how the COA Board and the Nutrition Board worked together and how they were different. Paula explained that in 2006, the COA Board and the Nutrition Board merged and the same people serve on both boards.

The Board reviewed the By Laws and suggested the following changes:

1. In Section 3, Structure, it was suggested that on the second line, after Education, Veterans and Aging Services Committee that (here after referred to EVAS) be added.
2. In Article III, Section 3, it was requested we change the terms allowed for the COA Board. The suggested change should read *"Following two terms of three years each, a board member must step down for one year. After a period of one year, they may again apply for board appointment."*

These changes will be given to Corp Counsel and the COA Board will vote on them in February. Jean asked the members about name tags. They all have lanyards and everyone except Mark, Janice and Jean will need white name badges.

- I. **Old Business** Paula reported that Evas committee will be presented the information on the findings of the Integration Committee. Then the findings will be presented to the Human Services Committee.

Board Membership Report Reports:

County Board of Supervisors, Tom Brien: No report

ADRC of Rock County, Vicky O'Donnell: No Report.

Adjournment: A motion was made by Janet Smith, seconded by Mark Richardson to adjourn the meeting. Motion carried.

Minutes not official until approved by the Council on Aging Advisory Board.