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NEWS RELEASE

To: Local Media
From: Marie-Noel Sandoval, MPH, Health Officer
Date: March 30th, 2020

COVID-19 Daily Update

As of today at 2:00pm, there are 1,221 confirmed positive cases of COVID-19 in the State of Wisconsin. Statewide, 14 individuals have died due to complications related to COVID-19. There are a total of 15 confirmed positive cases in Rock County.

Please visit <https://www.co.rock.wi.us/publichealth-familycommunity/publichealth-communicabledisease/coronavirus-disease-2019> to view the Daily Rock County COVID-19 Update.

It is likely that the COVID-19 situation in Rock County will get worse before it gets better. The Rock County Public Health Departments wants to reemphasize to all residents that more positive cases now does not mean the Safer At Home Order isn't working, or that we are doing a bad job at social distancing. These measures take time before we can see their results. The coming weeks are the most critical in determining how many lives we can save in our community by staying safer at home, social distancing, and having good hygiene. Have patience, and keep up the great work, Rock County!

A Mental Health Resource

Everyone reacts differently to stressful situations. Taking care of yourself, your friends, your family, and your Rock County neighbors can help you cope with stress. Helping others cope with their stress can also make our community stronger.

If you, or someone you care about, are feeling overwhelmed with emotions like sadness, depression, or anxiety, or feel like you want to harm yourself or others call

- 911
- Substance Abuse and Mental Health Services Administration's (SAMHSA's) Disaster Distress Helpline: 1-800-985-5990 or text TalkWithUs to 66746

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