

# Council on Aging Board Minutes

## Wednesday, November 20, 2013

**Call to Order:** Chair Marti Everts called the meeting to order at 9:00 a.m.

**Approval of Agenda:** A motion to approve the agenda was made by Janet Kopp, seconded by Ronnie Thomas. Motion carried.

**Introduction of New Member:** None

**Roll Call:**

Present: Nancy Arnold, Terry Burrington, Marti Everts, Nancy Flood, Dawn Fossum, Janet Kopp, Sonja Heiser, Char Lezvow, Hjordis Olson, Daryl Porter, Mike Santucci, Peg Slaback, Diane Tester, Ronnie Thomas, Supervisor Terry Thomas

Staff Present: Julie Seeman, Joyce Jass, Lachel Fowler

**Introduction of Visitors:** Marcy Berner-Reedy was present.

**Citizen Participation, Communications, and Announcements:** Ronnie Thomas shared that he intends to run for County Board of Supervisors in Spring 2014.

**Approval of October 16, 2013 Board Minutes:** A motion was made by Janet Kopp, seconded by Peg Slaback to approve the minutes of the October 16, 2013 meeting. Motion carried.

**Staff Report:**

Introduction of Lachel Fowler, Elder Benefit Specialist: Ms. Fowler introduced herself. She stated she lives in the Beloit area with her family. In her previous job she was employed by Beloit Health System helping patients apply for prescription drug assistance through the drug manufactures. She has started to visit the outreach locations and drop off her business cards. Her outreach schedule will be resumed in December. She has the same office and telephone number as Terri Pass.

Report on Rock County Senior Fair: Julie Seeman stated there were 85 vendors for the Senior Fair. She thanked those who volunteered at the fair as the event is very dependent on volunteers. The Senior Fair Committee will be meeting in December for a review. Anyone interested can join the planning committee.

Review of Mobility Management Video: No report as the video was not ready for viewing.

“Sit Less” Project: Joyce Lubben is facilitating this project with researchers from the UW Madison. It is a six-week intervention. There are fifteen people signed up. Char Lezvow and Janet Kopp are participating in this project. The first week participants wear two monitors to measure activity. There are four weeks of meetings to promote new ways of sitting less.

Participants then wear the monitor again for a week to measure if there is a change in activity levels.

**New Business:**

Election of Chair and Vice Chair for 2014: Diane Tester made a motion to nominate Marti Everts, seconded by Terry Burrington for the office of Chair. There being no other nominations from the floor, a motion was made by Diane Tester, seconded by Terry Burrington to close nominations for Chair. Motion carried. By a majority vote, Marti Everts was voted as Chair for 2014.

Marti Everts made a motion, seconded by Diane Tester, to nominate Ronnie Thomas as Vice-Chair for 2014. There being no other nominations from the floor, a motion was made by Marti Everts, seconded by Diane Tester, to close nominations. Motion carried. By a majority vote, Ronnie Thomas was elected Vice-Chair for 2014.

**Reports:**

County Board of Supervisors: Supervisor Terry Thomas stated that they will be reviewing Care Wisconsin and Family Care options soon, looking at the financial impacts for the County.

ADRC: Dawn Fossum stated that they are up to around 1200 calls per month. Two Disability Benefit Specialists have been hired and are taking appointments. They are finding that the major need of callers is for in-home care services.

Long Term Support Committee: Mike Santucci provided year-to-date data on persons served through Long Term Support. There are waiting lists in almost all program areas.

**Items for Future Discussion:** None.

**Adjournment:** A motion was made by Hjordis Olson, seconded by Janet Kopp to adjourn the meeting. Motion carried. Meeting adjourned at 9:54 a.m.

*Minutes not official until approved by the Council on Aging Advisory Board.*