

## HEALTH SERVICES COMMITTEE

DECEMBER 1, 2009

PRESENT: Supervisors Bussie, Joiner, Fizzell, Kuznacic and Johnson

ABSENT: None

ALSO PRESENT: Sherry Gunderson, David Sudmeier, Craig Knutson, Sandy Shea, Tom Berner, Josh Smith, Dave Hayes, Ginger Katzman, Brent Sutherland, Russ Podzilni (County Board Chair)

CALL TO ORDER/APPROVAL OF AGENDA - Chair Bussie called the meeting of the Rock County Health Services Committee to order at 3:01 p.m. in the Rock Haven Classroom. Supervisors Fizzell and Johnson moved approval of the agenda. ADOPTED.

APPROVAL OF MINUTES - November 3, 2009 - Supervisors Joiner and Kuznacic moved approval of the minutes of November 3, 2009. ADOPTED. Chair Bussie said the minutes reflected that she requested a resolution be put on this agenda for possible action on the Rock Haven Project. Chair Bussie said a resolution was not needed at this time. However, Mr. Knutson and Mr. Smith are in attendance to discuss the planning process.

INTRODUCTION OF CITIZENS, COMMUNICATIONS AND ANNOUNCEMENTS - Warren Rudolph, RH Resident Council; Jim Haseman, Volunteer Ombudsman. The Committee thanked Ms. Gunderson for the Christmas cookies, coffee, cards and 2010 calendars.

BILLS - Supervisors Fizzell and Kuznacic moved to pay the bills totaling \$12,089.48. ADOPTED. Supervisor Joiner inquired about the overdrafts. Mr. Sudmeier said the adjustments for those will be made next month.

BUDGET TRANSFERS - None

PREAPPROVED ENCUMBRANCE/ENCUMBRANCES - Supervisors Johnson and Kuznacic moved to approve the 2010 encumbrances. The encumbrances were ADOPTED with the following corrections: Change account number for MJ Care - Physical Therapy from 32-7260-7400-62108 to 32-7260-7400-62180. Change account number for Pinnacle Pharmacy from 32-7260-7400-62180 to 32-7260-7400-62179.

Chair Bussie asked that Mr. Sudmeier highlight the ones that were corrected for the Finance Committee and also place a copy at her place in the County Board room.

## OLD BUSINESS

Planning Process for Rock Haven - Mr. Knutson said there is money in the 2010 budget for schematic design and design development for a new nursing home. Rock Haven and Courthouse Administration will begin work within the next two weeks to pull together information regarding Rock Haven as well as outlining the parameters for schematic design and design development. The information will then be presented to the necessary Committees before going to the full County Board. Mr. Knutson said some questions that need to be answered include:

1. If the County decides to build new, what client groups should be served? Mr. Knutson said discussions must be held with the DD Board (DD) and Human Services Department (HSD) to understand how their clients' needs will factor in to the total picture.
2. What would the financial impact be on the HSD and DD if a facility was built that had the capability of handling their clients who are currently placed elsewhere?
3. What impact will the Family Care Program have on HSD and DD needs with regard to nursing home placement?
4. What impact will Family Care have on Wisconsin nursing homes in general? How are the Managed Care Organizations (MCOs) utilizing Wisconsin Nursing Homes and what have been the experiences of other county nursing homes working with MCOs?
5. What size nursing home should be built? In order to determine this, Administration will need to complete an analysis of community need, demand for nursing home services (current and future), and the operating subsidy required for both.
6. What staffing efficiencies will be realized with the new design, and how will that impact the operating subsidy?
7. What opportunities might there be with a new nursing home to increase private pay and Medicare clients, resulting in higher reimbursement and a lower county subsidy.
8. Should Rock County consider assisted living beds? Why or why not?
9. If Rock County did not have a nursing home, how many of its current residents would still be the County's financial responsibility?

Mr. Smith agreed with this list, noting that the two major questions are whether or not the County Board should go forward with planning for a new facility and, if so, what things are needed. Supervisor Joiner asked what schematic design and design development would entail. Mr. Knutson said the schematic design would be completed first. It would show things like the basic floor plan, total square footage and facility configuration, resident room size, how different programming areas would be laid out and how support service space would relate to resident areas. All this would be costed out. If that is agreeable and the County Board chooses to go on to the design development phase, more specific decisions would need to be made about things such as floor finishes, wall colors, cabinetry, doors, etc. Should this phase be approved, the County Board would then decide whether or not to go on to the construction document phase where requests for bid documents would be produced.

Chair Bussie asked when Administration might have information available for the Committee to review. Mr. Knutson hopes to begin pulling information together within the next couple weeks with the goal of bring something to the Committees by late February or early March. Chair Bussie asked that they also consider other services currently being contracted out to other agencies that might be included in this project so as to further reduce costs to the county. Mr. Knutson said that would be part of the analysis. Some clients at Mendota or Winnebago might be managed in Rock County if the proper resources were in place or available. He agreed that sending Rock County's dual-diagnosed individuals to the state centers is very expensive but wants to make sure placing them in a nursing home setting wouldn't be setting the facility up for regulatory cites due to aggressive and challenging behavior.

Dept. of Health Services (DHS) Meeting with Rock County Officials - Chair Bussie moved this item up so Mr. Smith and Mr. Knutson could leave early if they needed to. Mr. Smith said a group of county staff met with DHS staff at their request to talk about Family Care. Rock County has not implemented the Family Care Program yet, and DHS wants to know its plans for doing so. As Rock County had many questions and concerns, Mr. Smith said this was a great opportunity to get those addressed, especially with regard to HSD clients now residing at the Mendota and Winnebago Institutes. Mr. Knutson doesn't anticipate implementing Family Care in 2010 but may come back to the County Board for action on this in preparation for the 2011 budget.

Family Care would involve an Aging and Disability Resource Center (ADRC) to allow a "one stop shopping" model for physically disabled, developmentally disabled, and elderly individuals to be assessed and referred to an MCO. Rock County is not large enough to be an MCO so the State would have to contract with another entity to do this. Once Family Care is in effect, all program clients currently funded through Medicaid waiver programs like CIP1, CIP2, CIP-W, and COP would be transitioned to the

program, a process that will likely take several months to accomplish. One of the positive points of Family Care is that it does away with waiting lists, some of which stretch out for years. Originally Rock and Dane Counties examined forming a partnership for Family Care. It has since been decided that this would not be in the best interest of either county. Dane County is large enough to be an MCO. Though not a mandated program, the State's intent is that Family Care be implemented statewide. Counties not yet on board are finding it extremely difficult and expensive to continue the waiver program as it operates now. Mr. Knutson asked the State what an MCO has to pay a nursing home for taking a Family Care client, wondering if they would have to pay the current Medicaid reimbursement rate. If so, Ms. Gunderson said that might prove problematic in that the State currently uses a blended rate but the MCOs are only reimbursing according to an individual's Resource Utilization Group (RUG). That means nursing homes could be paid less than the current Medicaid rate. Mr. Knutson said some MCOs are already complaining about inadequate reimbursement from the State. He said the State's objective is to eliminate all waiting lists without spending more on Medical Assistance, decrease the cost of caring for people in programs now, and use that money to fund people on the current waiting lists. Mr. Knutson said there are approximately 11,000 people on waiting lists statewide and he doesn't think it will be possible to provide services for those people within the same budget constraints that are in place now. Ms. Gunderson said many Rock Haven residents could be managed in the community where Medicaid funding would go a lot further; however, the waiting lists are so long or there are no agencies out there to provide the services. There is a fair number of residents who might be appropriate for assisted living as well. With both of those populations not being admitted, that would leave the facility caring for only the most medically complex individuals, requiring more staff not less. Mr. Knutson said that is something that would be addressed by the analysis. All in all, he said the Family Care philosophy is a good one but would there be sufficient funds to carry out the philosophy. It remains a very complex issue.

## NEW BUSINESS

Aramark Contract - Supervisors Joiner and Kuznacic moved to approve the contract amendment with Aramark for linen service. The contract was renegotiated to reduce costs by basing prices on clean weight instead of dirty weight. Mr. Berner anticipates this will result in a 20 to 25 percent savings for the facility. ADOPTED.

Annual Nursing Home Survey - State surveyors arrived November 11 to conduct the facility's annual survey. They were here that Wednesday and Thursday, then Monday and Tuesday. The engineering surveyor arrived later. The survey reviews approximately 200 Federal, State and Life Safety Code regulations. In most of the areas there were no concerns at all. Ms. Gunderson explained the scope and severity

grid which determines the level of cites and potential harm, as well as fines imposed. The surveyors have ten working days to send out the Statement of Deficiencies. Once Ms. Gunderson receives that, she has ten calendar days to turn around the Plan of Correction. If there were any substandard care cites, the facility would be fined per day until the Plan of Correction is approved.

Ms. Gunderson said the surveyors have discussed seven possible cites with her, five of which were isolated incidents, did not cause harm, and wouldn't require a revisit. Some cites and surveyor comments pertained to resident grievances, staff qualifications, resident falls, adherence to care plans, alcohol hand gel dispenser placement, automatic door closures, smoke detector test standards, nutritional assessments and parameters, flu vaccination consents, and fire drills. Ms. Gunderson said other nursing homes are having difficult surveys as well, noting there has been a huge increase in the number of cites compared to past surveys. Significant increases have been seen in the amount of substandard care and immediate jeopardy cites in Wisconsin as compared to other states. This year there have been close to 80 immediate jeopardy cites in Wisconsin where Iowa had none. Past infractions that used to result in an "FYI" may now result in a level "D" cite.

Wisconsin Clean Indoor Air Act - Ms. Gunderson discussed the changes effective July 5, 2010.

Grant for Disaster Preparedness - Mr. Sutherland said Rock Haven will be receiving a HAM radio through a state grant to improve disaster preparedness. The grant will include purchase and installation of the radio as well as the training and licensing of two staff members. The only cost to the County would be for the training, and that will be taken out of Rock Haven's existing training account. Mr. Sutherland and Doug Keating will be trained. The radio would serve as the only link between the 911 Center, the county's Emergency Management Department, hospitals, and the Red Cross should all other lines of communication be down due to a disaster.

## REPORTS

Census - The current census is 130. Ms. Gunderson's goal is to keep all beds full.

Activity Report - Senior Management continues to plan for holiday events. Ms. Shea and Janet Sessler will be retiring this Friday. There will be a retirement party for them in the Rock Haven Social Room at 2:00 p.m. that day. Chair Bussie thanked Ms. Shea for volunteering to come back and help out if needed. Senior Management will also be hosting a Holiday Bingo at the next Resident Council meeting. The annual holiday brunch will be held December 11 in the RH Social Room from 6:45 a.m. to 10:30 p.m.

Employees will receive cards and calendars. A raffle will be held as well. Senior Management is also preparing for the surveyors' revisit.

Staff Education - Ms. Gunderson will be conducting final diversity inservices for those who haven't completed the yearly mandatory training yet. Angie Stone, dental hygienist, will be doing a dental oral care inservice that will focus on the risk of developing pneumonia if good oral hygiene is not practiced.

Survey Follow-up Inservices - Ms. Gunderson has been meeting with staff to relay survey concerns and review possible cites. She is reminding staff that the facility will continue to be held to the highest of standards and expects each to do their part to ensure residents' rights are adhered to and quality care is provided.

Resident Council Meeting - December 8, 2009 - Since Ms. Shea is retiring, Ross Jacobson, social worker, and Sue Lewiston, recreational therapist, will be talking over Resident Council duties. In order to conform with their schedules, the Resident Council will now meet the second Tuesday of the month.

Conferences - There are no conferences scheduled for December.

Finance - Mr. Sudmeier's quarterly report was included with the agenda. Mr. Sudmeier said things are on target for 2009 and the facility should not have to use much from the fund balance. Ms. Shea's and Ms. Sessler's retirement this year will increase the 2009 Salary Expense which will be mostly offset by a reduction in 2009 year-end accrued benefits. Chair Bussie expressed her appreciation for their willingness to retire in 2009 instead of 2010 and offered her thanks for their combined years of service.

NEXT MEETING DATE - January 5, 2010 at 3 p.m. in the RH Classroom.

ADJOURNMENT - Supervisors Fizzell and Joiner moved to adjourn the meeting. ADOPTED. The meeting adjourned at 4:27 p.m.

Respectfully submitted,  
Terri Fena

NOT OFFICIAL UNTIL APPROVED BY THE COMMITTEE